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Commissions •	CCAPS Newsletter	March 2011	From the Chair	From the Editors:
State/Int'l Divisions Membership		March 2011		
Professional			CCAPS 50th Anniversary!	It's hard to believe it's that time again! As we gear up for the Convention and big
Development			The First 25 Years	50th Anniversary Celebration, we continue our theme of celebrating the
Annual Conventions Publications			The Second 25 Years	CCAPS heroes of days gone by. Inside ACPA . CCAPS
Career Development			Discovering Alyce	this edition you will find a history of the first 50 years of CCAPS, a profile of a prominent CCAPS
Research			CCAPS Memories	member from the past, and a sprinkling of favorite memories
ACPA Foundation Ethics			The Faces of CCAPS	from the past 50 years.
Sustainability				You will also find your timeless favorites such as the Letter from
Partnerships			Committee Reports	our fabulous Chair and the Committee and Liaison Reports.
				In keeping with the convention theme, your newsletter committee wants to "Be More "for you. We encourage your feedback and
Join ACPA			Liaison Reports:	suggestions about the newsletter. For example, we are curious:
			ACCCCS	Do you read it? If you do, what do you like about it? What suggestions for improvement do you have? Please contact us
			ACCTA	with your thoughts. We look forward to seeing you soon!
CAREER			NASPA	Diana (Co-Chair), Carolyn, Sarah, and Eric (Co-Chair)
CENTRAL			2011 Convention CCAPS Schedule CCAPS Contest: Each One Bring One	
GLOBAL INITIATIVES				

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CCAPS: The First 25 years

CCAPS Newsletter March 2011

HISTORY OF COMMISSION VII

By Lynn Roney (1986)

As a part of the 25th Anniversary of the Commissions of the American College Personnel Association, this history of Commission VII-Counseling has been written. Included is a brief narrative account of the activities of the Commission, a list of past Chairs of the Commission, a list of past Newsletter Editors, and a



list of past chairs of the commission, a list of past Newsletter Editors, and a list of as many Directorate Body Members as we could compile. I would like to thank Past Chairs Jerry Jorgensen (1980-82) and Ursula Delworth (1976-78) for their assistance. A special thanks goes to Past Chairs Peter Sherrard (1978-80) and Jim Hurst (1972-74) for their help in collecting the information from which this history was written.

In the beginning The Commissions were very different from the way we know them today. The real precursors to the commissions were the liaisons from ACPA to the professional organizations representing the individual specialties within college student personnel work. In 1960, Barbara Kirk, of the University of California at Berkeley, was appointed liaison to the counseling center directors. In 1961, the chair of the convention program for the 1963 convention in Boston appointed thirteen "commissions" to develop program ideas for the convention. Barbara Kirk was appointed chair of Commission VII-Counseling, Testing, and Advising. These commissions consisted of 8-12 appointed members. They reported to the Program Chair and the charge to each Commission was:

"... to study current personnel practices and programs in view of the needs of the student and society and the increasing significance of the behavioral sciences for its particular aspect of personnel work. It will suggest needed research concerning the direction of student personnel work in the years ahead and evolve a series of meetings for the 1963 convention program based on the aforementioned outcomes. The Commission may also prepare reports as well as point of view papers ..."

Commission VII, under the director of Barbara Kirk, developed nine program areas for the 1963 convention. These were:

- 1. Testing perspectives, past, present, and future.
- 2. Testing and the consumer.
- 3. Electronic machines and testing.
- 4. Counseling and advising in adult higher education.
- 5. Case study of supervision.
- 6. Innovations in counseling
- 7. Determining counselor roles through evaluation.
- 8. Research in counseling.
- 9. Issues in counseling, testing, and advising.

The original members of this Commission are listed in the appendix.

In 1962, the liaisons to outside groups continued, the commissions were doing their work on programs, and a major survey of the ACPA membership took place. A major focus of programs at the 1962 convention was groups and group leadership (a sign of the times!).

The membership survey revealed that members wanted to be more involved in ACPA. The 1963

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convention in Boston was very successful. The program commissions had done a good job. It was agreed to establish the commissions as permanent entities and the position of Commission Director was created to serve as a liaison between the Executive Committee and the commissions. Both the Chair and the members of each commission were appointed by the President of ACPA, with members serving three-year terms. Barbara Kirk continued as chair until 1964, when Lyn Rudikoff, also of the University of California at Berkeley, was appointed.

The convention in 1964 was in San Francisco and the main topic of interest was the relationship between counseling centers and health centers. Also in 1964, the position of Vice Chair was created to groom someone for the chairship. It was decided that chairs should serve for two years and the name of the commission was changed to "Counseling." "Testing" became Commission IX and "Advising" was added to Commission II. Also in December of 1964, a section called "Commission Briefs" became a regular part of the "Association News" section of the *Journal of College Student Personnel*, the beginnings of *Developments* and the commission newsletters.

In 1965, the convention was in Minneapolis. Tom Magoon of the University of Maryland became Chair and the commission had about 15 members. The topics discussed include reinstituting the "Data Bank," publishing a monograph on the what and how of counseling, and running a workshop for newcomers to counseling centers. The Commissions continued to take major responsibility for developing programs for the convention. It seems that people proposed topics and volunteered to do them. There was no submission and competition process.

The Chairs of the Commissions over the next few years were:

1966-1968	Roger Meyers, Columbia University
1968-1970	Tom Scott, University of Tennessee
1970-1972	W. Harry Sharp, University of Wyoming

These chairs were appointed, as were the members of the commission. Most of them were counseling center directors. There was very little formal structure. They sat around in "smoked-filled rooms," discussing such things as: 1) How can counseling centers serve as liaisons between administrators and student activists? 2) Are there roles for counseling center staff beside "therapist"? 3) What is a "cube"? They discussed who ought to be members and recommended them to the Director for Commissions, who recommended them to the President who appointed them. The main project of the commission at this time was co-sponsorship of the counseling center Data Bank started by Tom Magoon at the University of Maryland.

During the 1972-1974 Chairmanship of Jim Hurst, Commission VII began to involve more people in their activities and began to actively encourage ACPA to open up the membership of Commissions. In 1973, Commission VII invited anyone interested in college counseling to come to our meetings at the Cleveland convention. Issues discussed at that time included accountability, training of counselors, accreditations, and effective delivery systems for counseling center services. The budget for 1972-73 was \$300! All of this went to the Data Bank. Other services were subsidized by the institutions of members. A regional workshop on "The Paraprofessional in Crisis Intervention" was sponsored in 1974. Nine programs were sponsored at the Chicago Convention in 1974. Commission VII was involved in the "Blue Ribbon Task Force," which developed a position paper with regard to affiliation or disaffiliation with APGA (not the first or last time Commission VII has been active in this issue!). The budget for 1973-1974 was \$550.

From 1974 to 1976, William Chestnut of the University of Indiana was Chair with Dave Mills of the University of Maryland serving as unofficial Co-Chair. During this time, a newsletter was established with Joe Diordio as the first editor. The main foci of Commission activities were the involvement of more members and sponsorship of regional workshops. Topics of interest were: women, as professionals and as clients; returning adult students, retention, changing sex roles, training, disabled students, rape counseling, epidemiology, and collaboration with other campus agencies. The budget request for 1975 was \$1,525 (!), a more representative sum!

At the Atlanta convention in 1975, eight programs were sponsored. Commission VII continued its cosponsorship of the Data Bank. A Women's Task Force was established. A budget of \$625 was approved by the Executive Council (oh, well!). Discussion centered around mental health, career development, training, certification, and group counseling.

In 1976, Bill Chestnut invited Ursula Delworth, the incoming Chair, to come to Chicago a day early and attend the commission chairs' meeting with him. This proved so beneficial in helping the incoming chairs prepare for the Commission meetings that ACPA incorporated this practice and now all chairs and incoming chairs attend these meetings the day before Commission meetings. Also that year, Commission

VII sponsored nine convention programs, continued its co-sponsorship of the Counseling Center Data Bank, and increased the representation of women and minorities on the Directorate Body. The Executive Committee approved a budget of \$1,165. Lucinda Thomas became the second editor of the newsletter. Bill Chestnut retired as Chair and Ursula Delworth took office.

During this time, the Commission expanded it's membership and involved more people in leadership positions. New committees were formed, including Ethics, Continuing Education, and Media; eight programs were sponsored for the Denver convention in 1977; and liaisons were established with the Association of University and College Counseling Center Directors (AUCCCD), the Educational and Training Committee of Division 17 (APA), and the Council of Graduate Training Programs in Counseling Psychology. In addition, Commission VII began to evaluate our convention programs. Also this year, Commission VII reduced its financial support of the Counseling Center Data Bank.

In 1978, ACPA met in Detroit. Seven programs were sponsored. Issues of interest were: sex roles, continuing education, Commission VII's involvement in the ACPA Editorial Board, and a minority task force. The budget for 1977-78 was \$950, a reduction due to a decrease in support for the Data Bank. Peter Sherrard took over as Chair.

During his term of office (1978-80), Pete developed a structure for Commission VII that is still in operation. Four Divisions were established: Membership and Recruitment, Issues and Answers, Professional Development, and Evaluation and Feedback. These divisions continue to perform the major work of the Commission, with task forces added as necessary to focus on current issues of interest to members. Also in 1978, Cliff Schuette became the third editor of the newsletter.

From 1978-80, the Divisions within Commission VII were very busy. New members were recruited and oriented. Three newsletters a year were published. Elections were held yearly. A student interest group was established. Liaisons were increased. Nine convention programs were sponsored and regional workshops were planned. An evaluation-feedback model for the Commission was developed and implemented. Relationships strengthened. A graduate student representative was added to the Directorate Body. The practice of electing a chair-elect, so that person would have time to plan before assuming the duties of the chair, was instituted.

Issues discussed at the convention that year included accreditation, human rights in therapy, licensure, professional identity, training, and continuing education. The new structure for Commission VII seemed to work well. More people were involved and additional refinements were made as needed. In 1980, the convention was held in Boston. Jerry Jorgensen took over as chair and Fran Stott became the newsletter editor. Nine programs were sponsored and the Student Interest Group was established as a clear subdivision of Commission VII. Issues of interest were: human rights, licensure, professional identity, multicultural affairs, the interaction between students and their campus environment, women's issues, continuing education, and ethics. Also at this convention, the first discussion occurred in Commission VII about the development of standards for student affairs. Commission VII at that time was not in favor of developing standards (look how far we have come in six years!). We preferred to use the International Association of Counseling Services (IACS) *Guidelines for Accreditation*, rather than develop standards. It took us a while to realize that if we did not develop them ourselves, someone else would do it for us! The budget that year was \$1,000. A thorough membership survey was done by Jack Corizzini, Puncky Heppner, and Gary Neal. Many ideas for projects and for involving members in Commission activities were developed.

In 1982, the convention was held in Detroit. Carol Geer became the chairperson of Commission VII and the major topic of discussion was should ACPA disaffiliate with APGA. Standards for counseling services were well underway by now, and Commission VII was actively involved in developing them. We sponsored six convention programs and co-sponsored ten. The Distinguished Professionals Seminar, or "Trailblazers," was a standard Student Interest Group-sponsored event. Issues discussed were: the standards for counseling services, licensure, and prevention. Pat Doherty and Sharon Senner took over as co-editors of the newsletter.

In 1983, the convention was in Houston. We sponsored six programs and co-sponsored twelve programs. Members turned out in record numbers for both the programs and the Commission meetings. Commission VII men were actively involved in the development of the Men's Task Force. Issues of interest were: training and supervision, crisis intervention, ethics, the role and function of a counseling center, and again, the Standards for Counseling Services.

In 1984, the convention was held in Baltimore. Lynn Roney became chairperson and Mary Wiley became editor of the newsletter. We sponsored six programs and co-sponsored four. The Directorate Body

approved the final draft of the Standards for Counseling Services and a statement of the role and function of a counseling center. In addition, we expressed concern about convention scheduling that forces men, women, and minorities to choose between attending task force meetings and commission meetings. Issues discussed included: training and supervision, computers in counseling, and crisis intervention. We revived, after several years of absence, our co-sponsorship of a social hour with the Association for University and College Counseling Center Directors (AUCCCD) and invited the International Association of Counseling Services (IACS) to join us.

Also in 1984, we sponsored the Campus Ecology Task Force, which was just beginning and hoped to become a Commission. We established a Graduate Student Research Award. We instituted the production of "proceedings" of Commission VII activities at the convention, which included summaries of programs we sponsored and minutes of Commission VII meetings. This was a busy and productive year for us.

In 1985, we met in Boston. Lynn Roney continued as chair and Judy Ellickson took over as newsletter We developed and approved an Affirmative Action Statement for the Commission. editor. We established a standing research committee to promote research and oversee the Graduate Student Research Award. We established a Professional Development Network. We began a comprehensive survey of the membership. We reviewed the Standards for Counseling Services. We sponsored six programs and co-sponsored one program. Interest and discussion groups included: career and counseling center relationships, service modalities, and sexual abuse.

Two important things occurred in 1985. Commission VII won an award for Excellence in Professional Collaboration for our work with the Association for University and College Counseling Center Directors (AUCCCD) and the International Association of Counseling Services (IACS) in developing the Standards for Counseling Services of the Council for the Advancement of Standards. Congratulations, Commission VII!!

We also began discussion about changing our name from "Counseling" to something more representative of who we are, e.g., "Counseling Centers and Services." It was a busy and exciting convention.

This brings us to 1986. The convention this year will be in New Orleans and Commission VII is looking forward with enthusiasm to our usual active and productive time. We also look forward with optimism to the continued development of our profession and to the future of Commission VII and the American College Personnel Association.

To Be Continued . . .

COMMISSION VII HISTORY

Chairpersons

1961-64 1964-65 1965-66 1966-68 1968-70 1970-72 1972-74 1974-76 Dave Mills 1976-78 1978-80 1980-82 1982-84 1984-86	Barbara Kirk Lyn Rudikoff Tom Magoon Roger Meyers Tom Scott W. Harry Sharp James C. Hurst William Chestnut Ursula Delworth Peter Sherrard Gerald Jorgensen Carol Geer Lynn Roney
1986-88	Patrick Sherry

Newsletter Editors

1974-76	Joe Diordio
1976-78	Lucinda Thomas
1978-80	Cliff Schuette
1980-82	Fran Stott

1982-84	Sharon Senner
Pat Doherty	
1984-85	Mary O'Leary Wiley
1001 00	Mary O Leary Whey

Original Commission Membership

Leonard D. Goodstein Beulah Hodahl Donald P. Hoyt Gladys M. Jewett Goldie Ruth Kaback Earl A. Koile Clyde A. Parker Alyce Graham Pasca Lyn C. Rudikoff Alexander Schneiders	University of Iowa Michigan State University State University of Iowa University of California, Los Angeles City College of New York University of Texas at Austin Brigham Young University Roosevelt University University of California, Berkeley Boston College
	Directorate Body Members
1974 Tom Brown	University of Akron
Selby Clark	Portland State University
Tom Cook	Virginia Polytechnic Institute
Edith Green	
David Mills	University of Maryland
Emily Sherwood	Temple University
1976 Julia Anderson	
Bill Arbes	
Dottie Bellinger	
Roger A. Hall	
Alyce E. Jenkins	
Arvin Lubetkin	
1977 Paul G. Banikotes	University of Notre Dame
Patricia M. Fannin	Teachers College, Columbia University
Gerald E. Osborne	University of Houston
Helen Roehlke	University of Missouri
Stephen Schwerner	Antioch College
Mildred Hope Witkin	Fairleigh Dickinson University
1978 Robert Archibald	Ohio State University
Clyde Crego	University of Missouri
Ursula Delworth	WICHE
Wayne Lanning	Indiana University
Lois Huebner	University of Missouri
Wiley Miller	Stephens College

Peter Sherrard	Kansas State University
Norma Simon	Queens College
1979 Kathy Hamilton	Colorado State University
Gerald Jorgensen	Loras College
Karen Kamerschen	University of Texas at Austin
Bonnie Ring	California College of Podiatric Medicine
Thomas Vernardos	University of New Mexico
Fred Weldon	University of Montana
1980 James Aiken	California Polytechnical State University
Howard N. Johnson	Howard University
Lou Ann Keating	Northern Illinois University
James I. Morgan	University of Florida
Marvin Moore	Colorado State University
Mary Sue Richardson	New York University – SEHNAP
1981 Jack Corazzini	Colorado State University
Beverly Prosser Gelwick	Stephens College
Ed Hascal	San Francisco State University
Donna McKinley	Colorado State University
James O'Neil	University of Kansas
Lucinda Thomas	Colorado State University
1982 Robert Conyne	Illinois State University
Pat Fannin	Columbia University
Carol Loganbill	University of Iowa
Steve Paul	University of Utah
Murray Scher	Tusculum College
Deborah Watts	Indiana State University
1983 James H. Banning	Colorado State University
Nancy Carlsen	University of Rhode Island
Carol Geer	University of California, Santa Barbara
Joseph Lombardi	Bentley College
Lynn K. Roney	University of Iowa
Max R. Uhlemann	University of Victoria
Linda Zaruba	University of Maine Farmington
1984 Richard B. Caple	University of Missouri
Christine A. Courtois	University of Maryland

Patricia A. Doherty	University of Wisconsin-Stevens Point
Puncky Paul Heppner	University of Missouri
Richard N. Jacks	Whitman College
Alfred J. Kahn	University of Houston-Central Campus
1985 Nancy E. Downing	Colorado State University
Robert S. Perkins	SUNY-Brockport
Kathy H. Reese	Stephens College
Audrey Remley	Westminster College
Stephen A. Schwerner	Antioch College
Ron Spinelli	University of Utah
1986 James Aiken	California Polytechnic State University
Gail M. Burg	University of Houston
Gary W. Neal	Westminster College
Sharon Talcott Senner	University of Wisconsin-Stevens Point
Patrick Sherry	SUNY-Buffalo
Mary O'Leary Wiley	Ithaca College
1987 Joan A. Dallum	Northern Illinois University
Judy L. Ellickson	University of Illinois
Robert P. Gallagher	University of Pittsburgh
Elizabeth Holloway	University of Utah
Steven D. Mullinix	University of Pennsylvania
Jes Sellers	Case Western Reserve
Doris J. Wright	University of Texas at Austin
1988 Louise Douce	Ohio State University
Greg Eichenfield	University of Oklahoma
Linda Forrest	Michigan State University
Ron May	University of Wisconsin-LaCrosse
Elizabeth Yarris	Bowling Green State University
Dick Yates	Cleveland State University

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CCAPS: The Second 25 years

CCAPS Newsletter March 2011



The Commission for Counseling and Psychological Services is celebrating its 50th

HISTORY OF THE COMMISSION FOR

COUNSELING & PSYCHOLOGICAL SERVICES (CCAPS):

THE SECOND 25 YEARS

By Sherry Lynch Conrad (2011)

anniversary! The 25th anniversary of the Commission was celebrated at the ACPA Convention in New Orleans in 1986. At that time, a document was written by Lynn Roney which summarized the significant events that occurred during our first 25 years. To continue the written legacy of CCAPS, this document begins in 1986 and continues through 2010. Included is a brief narrative account of various milestones the Commission has achieved. Links are included for the <u>Commission Chairs and Directorate Body</u> Members who have been elected, <u>CCAPS</u> award recipients, awards received by <u>CCAPS</u>, <u>CCAPS</u> Newsletter Editors and the <u>ACPA Convention sites</u>. Special thanks go to the 50th Anniversary Committee who assisted with collecting information. These individuals were Jane Bost (Chair 2010 – 2012), Chanda Corbett (Past Chair 2008 – 2010), Jonathan Kandell (Past Chair 2006 – 2008), Stacey Pearson (Past Chair 2004 – 2006), Sue Stock (Past Chair 2002 – 2004),Toti Perez (Past Chair 2000 - 2002), Heidi Levine (Past Chair 1998 – 2000), Steve Brown (Past Chair 1992 - 94) Vivian Boyd, David Gilles Thomas and Jocelyn Buhain. Older documents that were not available electronically were provided by Ann Bowers, librarian for the ACPA Archives at Bowling Green State University.

Many things have remained the same from the first 25 years of the Commission's history but other things have changed. Among those things that have remained the same are the importance of committees, liaison relationships, and sponsorship of programs at the annual convention.

Committees are the life blood of CCAPS and have been an important part of the organization since 1977. In 1986 – 87, there were seven committees: program, newsletter, professional development, professional issues, membership and research. During the past 25 years, these committees and others have provided the foundation for much of the work that has been accomplished by CCAPS over the years. While some committees have been created for specific issues and have been in existence for only a few years, others have been ongoing.

Liaison relationships both within ACPA and liaisons with other professional organizations have been very important over the years as well. From 1986 to 1989 the liaisons within APCA were more formalized and CCAPS had liaisons for membership, newsletter, professional development and all of ACPA's Standing Committees. During this time and since, liaisons with the International Association of Counseling Services (IACS), the American University and College Counseling Center Directors (AUCCCD), the Association of Counseling Center Training Agencies (ACCTA) and the American Psychological Association Division 17 (Society of Counseling Psychology) have been maintained. Over the years, additional liaison relationships have been established with counseling and counseling related organizations.

Another essential component of CCAPS over the years has been the sponsorship of programs at the annual convention. Nurturing the growth and development of counseling center professionals attending the convention each year has been a very important mission of the organization.

These very important aspects of the organization have provided the foundation for CCAPS yet they have also changed and evolved over the years, just as CCAPS has changed and evolved. During this evolution process, CCAPS has been involved in other projects which have also contributed to its growth and development.

The discussion to change the name of the Commission to a more representative name was begun in 1985 and completed in 1987. The new name decided upon for the Commission was Counseling and

Psychological Services (CCAPS). The information that follows provides a timeline for additional events and activities of the past 25 years which have shaped CCAPS into the organization that it is today.

1986 - 1987

- CCAPS had 867 members
- June 1986 Co-sponsor of the Campus Ecology Symposium
- <u>Graduate Student Research Award</u>, which was established in 1984, was first awarded at the 1986 ACPA Convention. The award was created to recognize and encourage high quality research by graduate students in counseling and human development. The winner was to be given an invitation to present the research paper at the annual Convention and also receive a cash stipend.

1987 - 1988

- Involvement of commission members in the DSM III-R revision process
- Liaison relationship established with the American Counselor Education and Supervision (ACES) division within the American Association for Counseling and Development (AACD)

1988 - 1989

- Internal liaison to the ACPA Violence Prevention Task Force was appointed
- Programs sponsored at the 1988 ACPA Convention covered the topics of challenging clinical issues, working with learning disabled students and adult children of alcoholics, treating incest survivors, and diagnosing anxiety disorders. Co-sponsored programs were on the topics of crosscultural dating and ethnic minority perspectives on finding campus career services.
- The Lifetime Achievement Award was presented to Thomas M. Magoon
- Members in attendance at the 1988 Convention, it was voted to include one slot in each year's election for a counseling center professional from a small college.
- Setting Limits and Drug and Alcohol Counseling were the themes for two issues of the CCAPS newsletter during this year.
- The Dear Dr. Ethics column in the CCAPS newsletter was a popular addition.

1989 - 1990

- Projects and issues of concern this year included mentoring, violence, affirmative action, directorate manual, graduate student involvement.
- Study groups were established to explore the topics of client severity, counselor burnout, drug and alcohol counseling, distressed professionals, diversity training, small college counseling centers.
- A monograph proposal on the topic of client severity was developed for submission to the ACPA Media Board.
- Four of five sponsored programs at this year's ACPA Convention focused on aspects of the ethical dilemmas faced by counseling center professionals. The titles of our co-sponsored programs were: Living in the United States: An Ethical Dilemma for Women, How a Counseling Center Influences Campus Culture: Through Wellness Programming, and Autonomy Training: Fostering Individual Responsibility within the Campus Culture.
- The Graduate Student Research Award was renamed the Joan Dallum Graduate Student Research Award. Joan Dallum was a very active member of the CCAPS Directorate who was diagnosed with cancer. During her struggle with cancer, she had remained very involved with CCAPS. This decision was made following her death in 1990 to recognize her dedication and contributions to our organization.

1990 - 1991

• A spirituality in counseling committee was begun

- Topics for the sponsored programs at this year's Convention were more varied this year and included time limited counseling, developmental issues of new counseling center staff members, helping impaired professionals, and working with at-risk students resulting from more serious psychological problems. Convention programs were also co-sponsored with the Standing Committee on Lesbian, Gay and Bisexual Awareness, Campus Judicial Affairs and Legal Issues and Career Counseling and Placement.
- Up to this point, membership records for the Commissions have been maintained by the American Association for Counseling and Development and membership was ongoing until someone asked to be removed from membership. Beginning January 1, 1990, a policy was implemented that required Commission memberships to be renewed annually, making maintaining the same level of membership from year-to-year more challenging.

1991 - 1992

- During this year, considerable energy within the Commission and ACPA was devoted to the process of disaffiliation that was occurring between the American Association for Counseling and Development (AADC), now the American Counseling Association (ACA) and ACPA.
- Following disaffiliation, a new division, the American College Counseling Association, which targeted college counseling professionals, was created within the American Counseling Association. Additionally, a new Section on College and University Counseling Centers group within Division 17 was established. Both of these groups were recruiting new members while the Commission for Counseling and Psychological Services budget had been cut in the disaffiliation process, creating new challenges for maintaining our membership.
- Six programs were sponsored on varied topics including ethnic diversity, the role of touch in counseling, spirituality in counseling, the use of group therapy with childhood sexual trauma survivors and The Continuous Thread: Jewish Identity-Professional Identity. Three programs were also co-sponsored with the Commission for Commuter Students and Adult Learners, the Standing Committee for Women and the Commission for Alcohol and Other Drug Issues.

1992 - 1993

- A major development during the 1992-93 year was the availability of continuing education credits for attendance at ACPA Convention programs. This was achieved through two separate processes. ACPA became an approved provider of continuing education through the National Board for Certified Counselors and has maintained this approval each year to the present. For the first time, pre-approved programs were also eligible for CE's for psychologists through the American Psychological Association.
- Interest groups for the year were on the topics of client severity, distressed professionals, drug and alcohol use, graduate student involvement, membership, mentoring, multicultural diversity, professional issues, research and small colleges.
- CCAPS had liaisons to the ACPA Campus Violence Task Force and the ACPA Governance Task Force
- The need for ACPA to offer liability insurance for psychologists and counselors was a critical issue impacting membership retention and recruitment in the early years following disaffiliation and there was considerable discussion between the CCAPS directorate and ACPA leadership regarding this issue.

1993 - 1994

• The decision to continuously sponsor the Innovations program was made at the 1994 Convention. Up to this point, the Innovations in College Counseling program has been selected by the program reviewers each year since 1967 from among all programs submitted for consideration for Commission sponsorship. Each year, this program had been among the most popular and well-attended programs at the Convention so the Directorate made the decision to make it one of the programs that would automatically be Commission sponsored each year. More information about the history of this program, the trends identified, the issues of importance and struggles of college and university counseling center directors is included in a separate document developed for the Commission's 50th anniversary.

- Following disaffiliation from AACD/ACA, ACPA was exploring different governance models that would involve a significant number of members as well as diverse groups. Increasing the organization's membership was important to ACPA following disaffiliation so they sponsored a membership drive in which a \$10 per person incentive would be given to the group who had recruited the new member, if the Commission was noted on the membership form. The Commission membership at the 1994 ACPA Convention was 1025.
- ACPA began offering liability insurance for counselors and psychologists.
- Through collaboration with AUCCCD, continuing education credits were available for psychologists for the second year and the discussion about the Commission becoming an APA continuing education sponsor was begun.
- A continuing education committee was established in 1994 to begin the process of ACPA/CCAPS becoming an APA sponsor for continuing education for psychologists.

1994 – 1995

- As a result of the new ACPA governance structure, CCAPS was made a permanent member of the Professional Development Council.
- CCAPS membership reached 1,136 members.
- For the first time, a 3 hour workshop entitled Managed Care was offered during the CCAPS open meeting at the 1995 Convention.
- Special interest group topics for this year were multicultural and diversity issues, small colleges, client severity and health reform.

1995 - 1996

- CCAPS was granted Two Year Preliminary Approval with Inquiry from the American Psychological Association for offering continuing education credits for psychologists at Commission events, including the ACPA Convention.
- The tradition of offering a workshop as a part of the open Commission meeting time was continued at the 1996 Convention with the title of this year's workshop being Emergent Trends in Counseling Centers.
- An application for an Affirmative Action mini grant was funded by ACPA.

1996 - 1997

- A new endeavor of the Commission during the 1996-97 year was offering a session entitled Job Search Strategies for Counseling Center Psychologists and Counselors twice during the Convention for persons seeking positions in college and university counseling centers.
- A highlight of the year included receiving full approval from the American Psychological Association for offering continuing education credits for psychologists at national and regional conferences.
- Programming at the 1997 Convention included the three hour open meeting session entitled Meeting the Mission, Meeting the Need: Thoughts of Chief Student Affairs Officers and Counseling Center Directors, five sponsored programs, and four pre-convention programs.



• A special interest group was begun at the 1997 Convention entitled Counseling Centers and the Internet with three separate technology groups evolving from this group. One group, chaired by David Gilles-Thomas, began work on the <u>Counseling Center Village</u>." A second group, chaired by Wendy Settle, began work on a clearinghouse for psychoeducational self-help information developed by counseling center practitioners for college students. The focus of the third group was the development of the CCAPS web page which was coordinated by Jonathan Kandell.

1997 – 1998

- 30 programs were eligible for CE's for psychologists at the 1998 ACPA Convention. In addition to the afternoon CCAPS CE program presented by Doug Lamb entitled Integrative Brief Psychotherapy: Effective Interventions Using the Therapeutic Relationship and the Focal Issue(s), two other CE programs were offered as pre-convention programs.
- CCAPS began the transition from printed newsletters to electronic newsletters in 1998.
- The <u>Counseling Center Village</u> group continued its work and had created 10 sections within the Village materials.
- During the past year, the <u>CCAPS homepage</u> was connected to the <u>ACPA home page</u>. Information that was added to the CCAPS homepage included a description of CCAPS, the most recent newsletter, interest group information, upcoming programs of interest to members, membership benefits, how to join CCAPS and a list of the Directorate Body members.
- CCAPS also developed and promoted a listserv to enhance communication among Commission VII members. Increasing membership continues to be an ACPA and CCAPS goal. Mailings to 120 members of ACCTA and 450 members of AUCCCD were funded by an ACPA affirmative action grant.
- An ACPA mini grant was also received to fund an information booth promoting CCAPS and ACPA at the Association on Higher Education and Disability (AHEAD) conference in Boston, July 1997.

1998 – 1999

- Commission programming for the March 1999 ACPA Convention continued to be impressive. Two pre-convention programs were offered for APA CE's entitled The Stressed Student: How Can We Help and Supporting African American Men's Leadership Development, Self-Esteem Building and More. During the Commission's open meeting, a 3-hour program, led by Wayne Griffin, was offered entitled Critical Incident Stress De-briefing. During the Convention, there were five sponsored programs on the topics of innovations in counseling, supervision, empirically supported treatments, college success and counseling center responses to campus crisis. There were 22 additional programs offered for continuing education for psychologists.
- Several things happened behind the scenes this year that were very important to the well-being of the CCAPS. The ACPA Professional Development Core Council agreed to cover costs for being an APA approved provider for a few years. CCAPS continued to identify as many CE eligible programs as possible to help CCAPS remain a viable professional home for psychologists. The Counseling Center Village was mentioned in an issue of the APA Monitor, with this publicity increasing the average hits to 3,000 per month.
- CCAPS was represented on three of ACPA's Core Councils. The Commission will also be represented on a newly formed campus violence task force which began to address issues related to violence and bias related incidents on college campuses.

1999 – 2000

- CCAPS developed a research grant for counseling center professionals and/or counseling faculty
 using the money saved by the transition to an e-newsletter. The grant was to be provided to one
 individual or team per year, with the goal of promoting new research in areas related to counseling
 and mental health issues on college and university campuses. The first \$750 grant was awarded to
 Cherrise Flanagan from McMurry University for her study, Internet Use and Personality
 Characteristics of Individuals Seeking Out Online Relationships. Dr. Flanagan conducted her
 research study during the 2000-01 academic year and explored characteristics of individuals
 seeking online relationships.
- Programming at the 2000 Convention included three pre-convention programs entitled Asian Pacific Americans: The Invisible Student Population, The Stressed Student: How Can We Help and Deconstructing Whiteness as a Part of a Framework of Multicultural Education. The topic for the open meeting workshop was Counseling and Web Babies: Information, Integration and Isolation and was presented by Richard Keeling. There were also five sponsored, three co-sponsored, and a total of 30 programs that were available for CE's for psychologists.
- The ACPA Campus Violence Project, which had a CCAPS representative, resulted in an extended

length program at the 2000 Convention which was co-sponsored with the Commissions for Residence Life and Judicial Affairs as well as the Standing Committees for Women and Lesbian, Gay, Bisexual and Transgendered Awareness.

 During this year, the transition to the <u>CCAPS newsletter</u> being exclusively electronic was completed, freeing up monies previously used for the newsletter for other CCAPS projects.

2000 - 2001

- CCAPS transitioned to online voting for directorate members. The result was that more people voted online than had been voting in the previous few years with the traditional mail-out and return ballots.
- CCAPS continued to have a presence within ACPA with two previous Commission Chairs serving in the position of the Editor of Developments and ACPA Secretary.
- Programming at the 2001 Convention included two pre-convention workshops entitled Assessing Multicultural Competence: A Courageous Suggestion for a Complex Issue, and Creating a Supportive Environment for Student Athletes. The open meeting workshop was entitled Shame and Humiliation: From Isolation to Relational Transformation and was presented by Linda Hartling, Ph.D. of the Stone Center Institute at Wellesley College. There were also seven sponsored programs, seven co-sponsored programs and a total of 26 programs were eligible for continuing education credits for psychologists.

2001 - 2002

- A total of 19 programs were available for psychologist's continuing education credits at this year's convention. These included six sponsored programs, two pre-convention programs entitled Integrating & Expanding Your Counseling & Psychotherapy Skills, and Life Medicine: Wisdom for Extraordinary Living and the open meeting workshop entitled Developing and Implementing Crisis Response Teams on Campus which was presented by Wayne Griffin from the University of Florida.
- During the year, CCAPS issued a statement regarding concerns for on-line counseling and therapy through the mycybershrink.com website. The statement issued was unanimously endorsed by the other Commission Chairs and published in Developments.

2002 - 2003

- At the 2003 ACPA Convention a "Diversifying Our Membership" committee was created to ensure that CCAPS is the professional organization for all individuals interested in college counseling issues. Additionally, a motion was passed that required CCAPS to have directorate members from diverse professional backgrounds and types of higher education settings.
- The CCAPS website was expanded during the past year to include summaries of Convention programs and roundtables, as well as contact information for those who would like to join in ongoing conversations and projects about the topics addressed at the Convention.
- There were 32 programs offered for psychologist's CE's during the 2003 ACPA Convention. Of these, three were pre-convention programs; five were CCAPS sponsored programs on topics ranging from career development, traditional and non-traditional roles for counseling centers, race-ethnicity and waitlist attrition at counseling centers, grief resulting from campus crisis, and time-limited group psychotherapy. The open meeting workshop was entitled NOT as a Stranger: Ethics and Boundaries in Counseling and Supervision.

2003 - 2004

- Another step to increase the diversity of CCAPS was taken by modifying the CCAPS election
 procedure to state the following: "the membership of the Directorate will represent the diverse
 professional constituency of ACPA and CCAPS with special focus on inclusion of underrepresented
 populations including counseling professions, smaller colleges and community colleges."
- CE eligible preconvention programs focused on transgendered people and emotional intelligence. The topic of the open meeting workshop was Diversity in Eating Disorders and was presented by the staff of the Renfrew Center. Sponsored programs topics included understanding Buddhism as it

relates to counseling, assessment and treatment of eating disorders, mindfulness meditation, and mental health emergency management with a total of 41 hours of continuing education workshops being offered for psychologists during the Convention.

- A Therapist Self-care workshop was presented by Chanda Corbett during the CCAPS Open Meeting.
- CCAPS continued to provide advocacy for making ACPA's liability insurance more inexpensive and appropriate for mental health providers and for the continuing ability to provide continuing education credits at no additional cost to Convention participants.
- The Early Career, Mid-Career, and Lifetime Achievement Awards were established and first awarded at the 2004 ACPA Convention. The Early Career Achievement Award is to "honor and reward" the "exemplary achievements" of persons with "10 years or less experience providing mental health services (including teaching and training) to the college population." The Mid-Career Achievement Award is for persons with 10 – 20 years experience and the Lifetime Achievement Award is for person with more than 20 years experience in the field of college and university counseling and psychological services.

2004 - 2005

- For the first time, ACPA offered a theme-track across three programs which were designed to provide an in-depth experience for participants on the topic of suicide assessment, treatment and prevention.
- A new initiative this year was a networking lunch sponsored by the Membership Committee held prior to the pre-convention open meeting workshop. Approximately 40 persons attended this event.
- CCAPS Chair Stacey Pearson formulated and multi-organizational task force and surveyed the college mental health professionals to assess ways to enhance marketing CCAPS.

2005 - 2006

- This year's CCAPS Chair, Stacey Pearson, represented CCAPS at the 2nd annual conference of the Historically Black College and Universities Counseling Centers and also served on the ACPA Ethics Committee and ACPA's Governance Structure Taskforce.
- The open meeting workshop at the 2006 Convention was entitled Multicultural Counseling Competencies in Counseling Center Work and was presented by Dr. Yolanda Harper from the University of Memphis.
- The CE program was expanded this year to include social workers, making it possible for all counselors, psychologists and social workers to receive continuing education credits for participation in selected workshops at the Convention.
- Two inaugural awards were presented at the 2006 Convention. The <u>Thomas M. Magoon</u> <u>Innovation Award</u> recognized innovative programming or service achievements by a university or college counseling agency. This award was presented in the spirit of the long-standing CCAPS/ACPA conference presentation entitled Innovation in Counseling, and in particular in honor of the originator and coordinator of that presentation, Dr. Thomas M. Magoon. CCAPS encouraged nominations that reflected the inclusion and integration of multicultural competence and values.
- The second inaugural award, the <u>Agency Award for Excellence</u>, was created to recognize the outstanding and distinguished work of a university or college counseling agency during the past year. Award criteria included providing excellent comprehensive services to students and the campus community in at least three of the following areas: individual counseling/psychotherapy, group counseling/psychotherapy, crisis intervention and services, outreach, consultation, campus advocacy, multicultural services, training, research, technology, professional development and accreditation. Agencies were encouraged to respond to unusual and unique needs of their campus community and to reflect the inclusion and integration of multicultural competence and values in all services provided.

Programming was especially strong during this year's convention with 12.5 hours of CE credits available during the pre-convention and 36 hours of CE credit available during the Convention. The pre-convention open meeting workshop was entitled Dream Interpretation: Successful Counseling Techniques and was presented by Mark Freeman from the University of Central Florida.

- CCAPS members were encouraged to participate in the "Each One Bring One" campaign in which CCAPS members brought new professionals to the ACPA Convention and the CCAPS activities during the Convention. The CCAPS member bringing the most prospective members won a prize.
- The Membership Committee also implemented a "New to CCAPS" initiative that distributed ribbons and a welcome packet to all first time CCAPS attendees at CCAPS events.
- The CCAPS Membership Committee engaged members in becoming involved with the "Ask Me about CCAPS" initiative in which members distribute ACPA and CCAPS brochures and wear buttons at other conferences attended during the year, providing greater visibility for CCAPS.
- Activities outside the ACPA Convention this year included and ACPA webinar presented by Jonathan Kandell, CCAPS Chair from the University of Maryland entitled The Impact of Advancing Technology on Campus Culture. There were 63 attendees for this program.
- CCAPS, along with ACPA, co-sponsored the social at the conference planned by the Center for the Study of College Student Mental Health at Pennsylvania State University.
- Psychologists attending the ACCCCS conference were able to receive continuing education credits through this organization's collaboration with CCAPS.

2007 - 2008

- Programming at this year's Convention included 15 hours of pre-convention programming including the open meeting workshop on Multicultural Competence in the Provision of Clinical Supervision presented by Susan Stock and Dwaine Campbell. Sponsored and co-sponsored programs were offered on the topics of career progression, suicide prevention and wellness, innovations, staff retention and professional development opportunities, stress reduction skills online, yoga and mindfulness interventions for health and well-being.
- Collaboration with program planners for the ACCCCS and SCCCP conferences resulted in attendees at those conferences being able to obtain continuing education credits for psychologists and counselors.
- CCAPS, ACPA, and APA Division 17 Section on College and University Counseling Centers were co-sponsors for the International Counseling Psychology Conference in Chicago and were represented by Jonathan Kandell, CCAPS Chair and Chanda Corbett, CCAPS Chair-Elect.
- Chanda Corbett, CCAPS Chair-Elect represented CCAPS in the development and chartering of the Higher Education Mental Health Alliance.

2008 - 2009

- CCAPS was represented by CCAPS Chair and ACPA/CCAPS representative, Chanda Corbett, at the first Higher Education Mental Health Alliance (HEMHA) meeting hosted by the American College Health Association (ACHA) in San Francisco, CA.
- The flagship CCAPS Innovations in College Counseling program, in collaboration with the University of Maryland, was voted to be an annually sponsored program of CCAPS.
- Counseling on the Grid: Student Online Habits and Therapeutic Interventions, led by Linda Young, was the title for the open meeting workshop offered at the 2009 Convention. Convention-wide, there were 35 CE eligible workshops for psychologists and social workers.

2009 - 2010

- Chanda Corbett, CCAPS Chair, and Thomas Berry, Directorate Member, represented CCAPS in planning and co-sponsoring CCAPS' first drive-in workshop on The Intersection of Student Mental Health and Academic Affairs with the Commission for Administrative Leadership.
- Convention programming at this year's Convention included 34 hours of CE eligible workshops for psychologists and social workers with the open meeting workshop entitled Counseling Our Student

Veterans which was presented by Terry Keane, professor and vice-chair of the Department of Psychiatry at Boston University School of Medicine, being a highlight of these programs.

- Nancy Badger and Carolyn Bershad represented CCAPS at the 2nd Annual Higher Education Mental Health Alliance (HEMHA) meeting hosted by NASPA.
- A CCAPS representative served on the ACPA Professional Development Committee
- Several members of CCAPS were Counseling Reviewers for the CAS Counseling Standards
- Psychologists attending the ACCCCS conference were again able to receive continuing education credits through this organization's collaboration with CCAPS.
- Liaisons with ACCA, ACHA, ACHA Working Group for Health Campus 2020, ACPA Educational Leadership Foundation, ACCTA, APA Division 17 Section, AUCCCD, Center for the Study of College Student Mental Health (CSCSMH), Higher Education Mental Health Alliance (HEMHA), IACS, and NASPA

2010 - 2011

- Jeffrey Barnett, Psy.D., ABPP, presented a 3 hour ethics program on "Ethical and Legal Issues Related to Online Mental Health Services" at the 2011 convention.
- At the March 2011 convention, CCAPS celebrated its 50th Anniversary with a number of events and programs including: 1) A three-part convention Institute that explored the Commission's roots, challenges and accomplishments, and examined future goals and vision for the future of the Commission 2) A video depicting the history, highlights and accomplishments of CCAPS' 50 years 3) A full 50-year history of CCAPS, permanently housed on the CCAPS website and 4) Over \$3500 in corporate donations were solicited by Chair Jane Bost to implement a special CCAPS 50th anniversary social.
- A Directorate survey was developed and implemented by Seth Christianson and Dustin Shepler, Directorate members, in collaboration with Jane Bost, Chair, to find better ways to recruit and incorporate Directorate members. Specific outcomes included the institution of a pre-convention orientation and mentoring program for new Directorate members.
- CCAPS website improvements included the addition of committee handbooks, committee & liaison lists, and revision of the CCAPS brochure
- A Spring 2011 "Hot Topics" phone conference was implemented on the topic of "Adjustment Issues for International Students." It was co-sponsored by CCAPS and the Commission for Global Awareness.
- Hosted the Higher Education Mental Health Alliance (HEMHA) Conference at the 2011 ACPA convention.

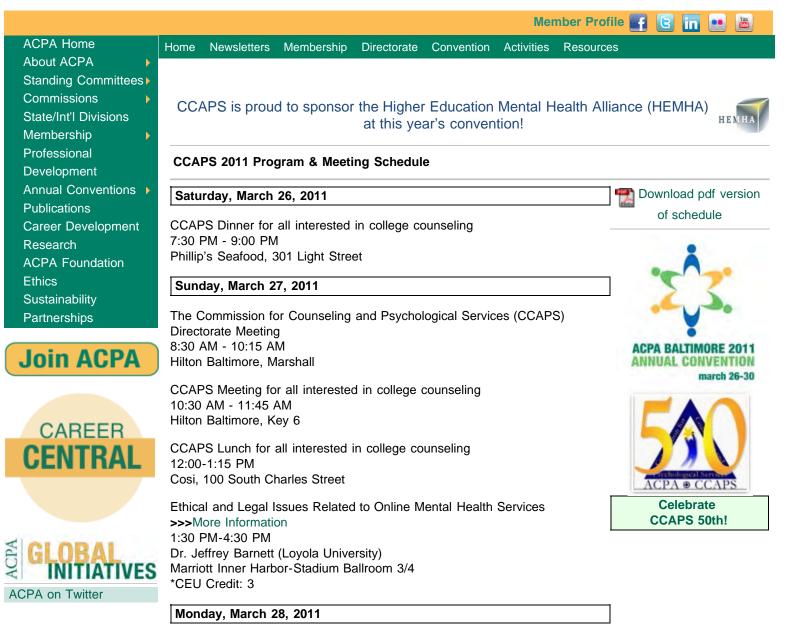
The 2011 ACPA Convention in Baltimore concludes 50 years of CCAPS promoting the college counseling profession and providing opportunities for college counseling professionals to remain on the cutting edge of the evolution of our field. There have been many shining moments as well as some challenges along this journey but we are excited about the future as our profession, CCAPS and ACPA each continues to grow and evolve.

To Be Continued . . .

Suggested reference:

Lynch Conrad, S. K. (2011). History of the Commission for Counseling & Psychological Services (CCAPS): The Second 25 Years. Retrieved [date], from http://www2.myacpa.org/ccaps-home

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Round Table - CCAPS Roundtable: Counseling Center Training Issues 7:30 AM - 8:30 AM Jodi Caldwell (Georgia Southern University) Marriott Inner Harbor, Stadium Ballroom 1

Round Table - CCAPS Roundtable: Suicide Assessment, Prevention, and Intervention 7:30 AM - 8:30 AM Vivian Barnette (North Carolina A & T University) Marriott Inner Harbor, Stadium Ballroom 2

College Counseling and Psychological Services: Summarizing Ten Years of Literature 9:00 AM – 10:00 AM Alan M. Schwitzer (Old Dominion University) Baltimore Convention Center - 318 *CEU Credit: 1

Helping Students and Trainees "Be More" Through Group Therapy 9:00 AM - 10:00 AM Cynthia A. Cook (University of Houston-Clear Lake) Baltimore Convention Center – 325 *CEU Credit: 1 Communication Preferences of College Students with Visual Disabilities 9:00 AM - 10:00 AM Karen A. Myers (Saint Louis University) Hilton Baltimore - Key 6 *CEU Credit: 1 Suicide Prevention on Campus: Being More via Coordinated, Synergistic Programming 10:30 AM - 11:30 AM Donald Marshall (University of Puget Sound) Hilton Baltimore - Key 1 *CEU Credit: 1 Neurodiversity as a multicultural competency for clinicians and student-affairs professionals. 10:30 AM - 11:30 AM Meghann E Wraight-Steinmetz (Hobart and William Smith Colleges) Baltimore Convention Center - 315 *CEU Credit: 1 Crossing Developmental Borders through Participation in HIV/AIDS-Focused Service-Learning 10:30 AM - 11:30 AM Lucy A. LePeau (University of Maryland-College Park) Baltimore Convention Center - 321 *CEU Credit: 1 "Yes Means Yes": A Student/Faculty/Staff Mini-Course Promoting Positive Sexuality 10:30 AM - 11:30 AM Scott C. Brown (Colgate University) Baltimore Convention Center - 325 *CEU Credit: 1 **CCAPS** Committee Chairs Meeting Monday, March 28, 2011 11:00 AM - 12:30 PM Hilton Baltimore, Brent An Investigation of Multicultural Competence in Higher Education Graduate Students 12:00 PM - 1:00 PM Susan V. Iverson (Kent State University) Baltimore Convention Center - 316 *CEU Credit: 1 Facilitating Growth through Strengths: Personal and Career Counseling Applications 12:00 PM - 1:00 Cynthia A. Cook (University of Houston-Clear Lake) Baltimore Convention Center - 345 *CEU Credit: 1 Collaborating to End Rape Through Outcomes-Based Men's and Women's Programs 12:00 PM - 1:00 PM John D. Foubert (Oklahoma State University) Baltimore Convention Center, 350 *CEU Credit: 1 Conduct Issues for Students With Disabilities: Current Practices — Emerging Issues

12:00 PM - 1:00 PM Dennis E. Gregory (Old Dominion University) Baltimore Convention Center - 347 *CEU Credit: 1

Higher Education Mental Health Alliance: An Introduction and Discussion 1:30 PM - 2:30 PM Traci E Callandrillo (American University) Baltimore Convention Center - 324 *CEU Credit: 1

Be More Visual: College Drinking Through the Student Lens 1:30 PM - 2:30 PM Elizabeth Broughton (Eastern Michigan University) Baltimore Convention Center - 342 *CEU Credit: 1

The Joy of Unlearning Privilege/Oppression for People from Privileged Groups

1:30 PM - 2:30 PM Diane J. Goodman (State University of New York College-New Paltz) Hilton Baltimore - Key 4 *CEU Credit: 1

Furries and Plushies: New Sexuality or Modern Fetish? 3:00 PM - 4:00 PM Dustin K. Shepler (Ball State University) Baltimore Convention Center - 316 *CEU Credit: 1

Beyond the Syllabus: Strategies for Enhancing Communication Between Faculty and At-Risk Students 3:00 PM - 4:00 PM Chris Mundell (Columbus College of Art & Design) Hilton Baltimore - Key 10 *CEU Credit: 1

Innovations in College Counseling 2010-2011 4:30 PM - 5:30 PM Jonathan Kandell (University of Maryland-College Park) Hilton Baltimore, Key 7 *CEU Credit: 1

Learning Outcomes Assessment in a Fledgling Urban University Counseling Service 4:30 PM - 5:30 PM Myra A. Waters (University of Baltimore) Baltimore Convention Center, 344 *CEU Credit: 1

What do I Say Now?: Responding to Biased Comments 4:30 PM - 5:30 PM Diane J. Goodman (State University of New York College-New Paltz) Hilton Baltimore - Key 1 *CEU Credit: 1

Round Table - Commission for Counseling and Psychological Services Roundtable: First Generation Students 5:45 PM - 6:45 PM Jade Logan (New York University) Hilton Baltimore, Paca

Another Bright Idea: The Critical Thinking Process of Undergraduates 5:45 PM - 6:45 PM Maria Lauren Tomaino (Barry University) Baltimore Convention Center – 348 *CEU Credit: 1

Tuesday, March 29, 2011

CCAPS Roundtable: Mid/Senior Level Professional Development 7:30 AM - 8:30 AM Beth Kincade (Indiana University of Pennsylvania) Marriott Inner Harbor, Stadium Ballroom 5

Round Table - Commission for Counseling and Psychological Services Roundtable: New Professionals 7:30 AM - 8:30 AM Emily Russell Slife (University of Nevada) and Tim Calvey (American University) Hilton Baltimore, Carroll AB

Round Table - Commission for Counseling and Psychological Services Roundtable: Outreach Services 7:30 AM - 8:30 AM Sarah Porter (Austin Community College) and Kayti Protos (Vanderbilt University) Hilton Baltimore, Tubman AB

Round Table - Commission for Counseling and Psychological Services Roundtable: Self-Care 7:30 AM - 8:30 AM Eric Klingensmith (Grand Valley State University) Hilton Baltimore, Paca

A Disability Identity Development Model: College Students with Disabilities 9:00 AM - 10:00 AM Karen A. Myers (Saint Louis University) Hilton Baltimore - Key 5 *CEU Credit: 1

Effects of Team Climate on Substance Use of College Student-Athletes 10:30 AM - 11:30 AM Jennifer Eileen Tomon (University of North Carolina-Greensboro) Baltimore Convention Center – 321 *CEU Credit: 1

Celebrating 50 Years of CCAPS Institute: Celebrating History and Traditions 10:30 AM - 11:30 AM Hilton Baltimore, Key 1

Celebrating 50 Years of CCAPS Institute: Current Trends and Issues 12:00 PM - 1:00 PM Hilton Baltimore, Key 1

The Experiences of Non-Straight Football Players at FBS Colleges 12:00 PM - 1:00 PM Lawrence J. Mrozek (Ohio State University-Columbus) Baltimore Convention Center - 315 *CEU Credit: 1

Student Affairs Professionals Successful Support of Students with Asperger's Syndrome 12:00 PM - 1:00 PM Merril A. Simon (California State University-Northridge) Baltimore Convention Center - 322 *CEU Credit: 1

Celebrating 50 Years of CCAPS Institute: The Next 50 Years 1:30 PM - 2:30 PM Hilton Baltimore, Key 1 Encouraging Men to Speak Out Against Violence: Operation Jungle Red 1:30 PM - 2:30 PM Reginald Fennell (Miami University-Oxford) Baltimore Convention Center – 320 *CEU Credit: 1

Opening Eyes to Diversity 1:30 PM - 2:30 PM Susan Croy Norton (Edinboro University of Pennsylvania) Baltimore Convention Center - 340 *CEU Credit: 1

The Commission for Counseling and Psychological Services (CCAPS) Directorate Meeting 2:30 PM - 3:45 PM Hilton Baltimore, Holiday 1

A Blueprint for Creating a Safe Campus Model 3:00 PM - 4:00 PM Janice Marks (Howard Community College) Baltimore Convention Center – 324 *CEU Credit: 1

B'More: Ethical Decision Making in Student Affairs Practice 3:00 PM - 4:00 PM Michael M. Kocet (Bridgewater State University) Hilton Baltimore - Key 2 *CEU Credit: 1

Can We Be More? Enhancing Service and Learning during Crises 3:00 PM - 4:00 PM Christopher R. Akers (Mississippi State University) Hilton Baltimore - Key 3 *CEU Credit: 1

CCAPS Business Meeting for all interested in college counseling 4:00 PM - 5:30 PM Hilton Baltimore, Peale ABC

Outreach Programs for Men of Color 4:30 PM - 5:30 PM Dwaine S. Campbell (University of Michigan-Ann Arbor) Baltimore Convention Center, 325 *CEU Credit: 1

Research as Part of Graduate Training: Nuts, Bolts and Assembly. 4:30 PM - 5:30 PM Margaretha Lucas (University of Maryland-College Park) Baltimore Convention Center - 329 *CEU Credit: 1

Round Table - Commission for Counseling and Psychological Services Roundtable: Small College Issues 5:45 PM - 6:45 PM Chetan Joshi (Franklin and Marshall College) Hilton Baltimore, Carroll AB

Promising Practice — Stress and Wellness Clinic Improves College Student Success and Well-Being 5:45 PM - 6:45 PM Irina V. Diyankova (University of Tennessee-Knoxville) Baltimore Convention Center – 328 *CEU Credit: 1

When Friends Just Don't Understand: Group Grief Counseling with

Undergraduates 5:45 PM - 6:45 PM Dr. Sean E. Moundas (University of New Hampshire) Hilton Baltimore - Key 1 *CEU Credit: 1

The Commission for Counseling and Psychological Services 50th Anniversary Social 7:30 PM - 9:00 PM Hilton Baltimore, Key 5

Wednesday, March 30, 2011

Tools for Student Success: Integrating Social Class in Counseling 8:30 AM - 9:30 AM Joy Stephens (Towson University) Baltimore Convention Center – 320 *CEU Credit: 1

The Significance of Feminist Identity in Psychologically Abusive Relationships

8:30 AM - 9:30 AM Ashley I. Fowler (Indiana University of Pennsylvania) Baltimore Convention Center – 347 *CEU Credit: 1

Surviving the Storm: A Case Study of College Student Suicides 8:30 AM - 9:30 AM Sherri A. Crahen (John Carroll University) Hilton Baltimore - Calloway A, Hilton Baltimore - Calloway B *CEU Credit: 1

Understanding Identity Performance to Promote Inclusion, Development and Social Justice 8:30 AM - 9:30 AM Tracy L. Davis (Western Illinois University) Hilton Baltimore - Key 10 *CEU Credit: 1

The Influence of Sexual Identity on Higher Education Outcomes 10:00 AM - 11:00 AM Kip Sorgen (Pennsylvania State University-University Park) Baltimore Convention Center – 324 *CEU Credit: 1

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50th Anniversary: Discovering Alyce

CCAPS Newsletter March 2011





I found Alyce Graham Pasca via serendipity, as many wonderful discoveries seem to happen. I was working with the committee planning the 50thanniversary celebration of the Commission for Counseling and Psychological Services (CCAPS) of the American College Personnel Association (ACPA). CCAPS and ACPA had been my professional home since graduate school, and I was enjoying both looking forward to the next fifty years of CCAPS as well as looking back to celebrate the accomplishments of CCAPS and her people.

More specifically, I was working with Sherry Lynch Conrad on capturing the history of the organization. A document had been written in 1986 by Lynn Roney chronicling the first 25 years of CCAPS, or Commission VII as it was known then. Sherry and I were to work on documenting the second 25 years. As I read Roney's summary, the list of the founding members of the Commission caught my eye. There, amongst members from well-known schools such as the University of Iowa, Boston College, and Michigan State, was listed "Alyce Graham Pasca, Roosevelt University."

I came to Roosevelt, a small liberal arts college in the Chicago loop, about 2 and a half years ago, to serve as the Director of the Counseling Center. My experience is that, at least some circles, Roosevelt is not well-known outside the Midwest. Finding a Roosevelt connection in the very formative years of my home professional organization was a delightful surprise. I wanted to know more.

The people that I spoke to, in CCAPS and at work, had not heard of Alyce. It seemed that she had perhaps not stayed in the Commission very long, and had not been at Roosevelt for quite a while either. However, I found a friend in Laura Mills, the University archivist, who willingly pulled all the documents she could find. The writing below is a result of those documents. The record is incomplete, due to the randomness of what is saved and what is not at one's workplace. But I was able to form a picture of a woman who was my foremother in many professional realms.

Alyce Graham Pasca was an African-American woman born in Birmingham, Alabama, in 1923. Not much is known of her early life.

A founding mother of Roosevelt University

Pasca began working at the predecessor of Roosevelt University, Central YMCA College of Chicago, in 1942. She was a member of the staff that founded Roosevelt in 1945. She held positions as a psychometrist, lecturer in psychology, and counselor. She was appointed co-director of the Counseling Service in 1954, and its director in 1958. She remained as the Director of the Counseling and Testing Service until her death in 1975.

Roosevelt University was formed when the Board of Directors of the YMCA sought to impose quotas on minority enrollment at the Central YMCA College. These were quotas designed to limit, not increase, enrollment, especially of African-American and Jewish students. The then-college president, Edward Sparling, refused, and was encouraged to find other work. Sparling resigned under protest, and the faculty followed by taking a 62 to 1 vote that the college should break away from the control



of the Board. Shortly thereafter, the student

body took a 488 to 2 vote of their own. Thus, Thomas Jefferson College was born, which was shortly thereafter renamed Roosevelt College. Alyce Graham Pasca was one of the brave faculty members who voted to leave the YMCA without a building, endowment, library, etc., in the service of a set of ideals and values that education should be accessible to all.

Pasca played many roles at RU, some suggested by her position titles. It appears that she was an active and interested member of the Roosevelt community. Her file in the University Archives reveals many letters sent to the university's presidents and other top officials, informing them of important developments or issues she believed merited attention. She sent articles, asked questions, and even challenged the salary levels of women versus men in Student Services. And it appeared that her counsel was well regarded. A 1973 letter from President Rolf Weil to Pasca states:

"I have just had a chance to read quickly your report on "Nonwhite Student Usage of University Mental Health Services." I found it interesting and it aroused my curiosity as to where Roosevelt University stands with regard to this matter. If you ever have the time and feel like telling me, I will be all ears."

Psychology Training and Service

Pasca completed her B.A. in Psychology from the Central YMCA College in 1944. She was hired as a psychometrist and then left shortly thereafter with the rest of the faculty to begin Thomas Jefferson College. In a 1948 personnel form, she lists graduate work at the University of Chicago, but with an asterisk and the explanation "Have completed coursework for a Master's Degree in Psychology, passed the written examination, but have not been able to get a sponsor for my thesis topic." One wonders how her race and gender may have influenced her ability to find a faculty mentor at the University of Chicago in the late 1940s. However, her lack of advanced degree did not limit Pasca's ability to contribute to both the study and practice of psychology.

In addition to her work at Roosevelt, Pasca served as a consultant to the American Association of Nurse Anesthetists, the American Association of Medical Record Librarians, and Science Research Associates. She belonged to the American College Personnel Association, the American Psychological Association, and Psi Chi (the national psychology honorary society). At Roosevelt, she taught statistics, psychological testing, social psychology, abnormal psychology, and introduction to psychology. She made frequent guest lectures in Chicago and appeared on local television and radio programs discussing psychological topics.

A Scholar and Practitioner

Pasca was a scholar and researcher, contributing important work to college counseling on topics that even today are cutting edge. For example, in 1965, she presented a workshop at ACPA entitled "Culture Conflicts and the Psychological Problems of College Students." An article of the same title was published in the *Journal of College Student Personnel* in 1966. In 1968, the *Journal of the American College Health Association* published her article entitled "Psychological Significance of Common Physical Symptoms." In 1974, she co-authored an article entitled "Innovations at University Mental Health Services," published in the *Journal of the American College Health Association*. Her scholarly work was flavored with the same sense of bluntness and humor that her University communications were. For example, the first sentence of an article entitled "Roosevelt University Student Stress: Discussion and Recommendations" reads "The title of this discussion should be "Money."

Pasca clearly designed her research so that results could be generalized and recommendations implemented to assist college students. A good example of this is her paper "A Business Career for the Negro Male," published in the *Journal of Negro Education* in 1969. This article describes "a cooperative venture between a university and a business," a program which she implemented at Roosevelt University in an effort to assist "bright Negro students...fill responsible positions in industry." Her article considered issues of recruitment, counseling, faculty relationships, and business preparedness, and provided poignant vignettes such as the story of a young man who was initially considered a thief when he took his uniform jacket home to be laundered. She discussed the level of unpreparedness of both the students and the business settings that were receiving them. Despite these bumps in the road, Pasca concluded that the program was a useful one, and the last paragraph notes the planned expansion of the program from nine students to fifty to seventy-five. It is unclear if that expansion occurred.

Additionally it appears that she was a significant support for an untold number of students in her roles as counselor, advisor, and advocate. Much of what was written after her death noted the many students she had helped. In her file in the University Archives, there is a poem entitled *In Memoriam: to Alyce Pasca*.

In part, it reads:

I came

that hour many hours ago, broken, my will to live snapped by despair I heard your soft words...... basked in your compassionate faith for many hours after that first hour many hours ago Later, I went once again into life reborn mended, confident, willing to live, daring to breathe That was the way I went

A Founding Mother of CCAPS

In 1961, the American College Personnel Association was considering a new organizational structure. It had been decided that the 1963 Convention programming would stem from a series of groups called Commissions, each with a particular focus on an area of student personnel work. Commission VII was formed to attend to issues of Counseling, Testing, and Advising. In 1961, then-President-elect of ACPA, Melvene Hardee, wrote to Pasca to ask if she would become one of the founding members of the Commission. Hardee wrote of the importance of the perspective of the functional areas "in higher education in the years ahead" and noted that Pasca would "ably represent" the "national constituency" of this new Commission.

"A true humanist"

Alyce Graham Pasca died suddenly at the age of 52 on June 10, 1975, of a cerebral hemorrhage. She had served at Roosevelt University for 33 years and her loss was much mourned. Her death notice in *Jet*magazine stated that she was "highly respected in the medical profession and loved by the numerous students she guided to successful careers." The then-President of Roosevelt University, Rolf Weil, noted at her memorial service that she had helped "literally hundreds of students." Otto Wirth, Vice President of Academic Affairs, who had worked with Pasca to establish the Honors Program at Roosevelt, praised "her straight-forwardness, her understanding, and above all, her unselfish giving to others." He went on to say "She was an upright and decent human being. She was sincere in her purposes and rooted in an unbending intellectual integrity. In honoring her, we are doing honor to ourselves."

Speaking of honor, I am honored to be walking in the steps of Alyce Graham Pasca. She was a founder of my professional organization, my University, and served the same role in my department as I am currently fulfilling. She made significant scholarly and practice-oriented contributions to her University and to the field of college counseling. And she did these things as an African-American woman in the 1940s to 1970s, undoubtedly facing discrimination and doubt regarding her abilities. I hope to learn more about her in the coming years, but for now, I am pleased to have her as my predecessor in so many important realms.

Sue Stock is a former Chair (2002-2004) and Directorate Member (1997-2000) of the Commission for Counseling and Psychological Services of the American College Personnel Association. She currently serves as the Director of the Counseling Center at Roosevelt University. This piece was prepared for the occasion of the 50th Anniversary of the Commission for Counseling and Psychological Services in 2011.

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Association for the Coordination of Counseling Centers Clinical Services Liaison Report

CCAPS Newsletter March 2011

ACCCCS

Association for the Coordination of Counseling Centers Clinical Services Liaison Report to ACPA CGAPS Spring 2011

Who we are:

We were formed in 1996 and currently include about 118 member institutions. We have a very active listserve and meet. yearly for annual conference in May. Our next conference will be in Minneapolis, MN. Our purpose is to discuss issues relevant to enhancing provision and management of clinical services in counseling centers. More information on our organization, membership, and our mission statement can be found on our website: accccs.appstate.edu

ACCCCS Current Issues

Where are all of these students coming from and why are there so many coming to the counseling center this year? If your center has seen an increase in demand this year, you are not alone. Many clinical directors are reporting an increase in overall demand, as well as an increase in crises or hospitalizations. Thus, our most pressing issue continues to be how to meet the increased demand for services that many centers are facing, especially in a challenging economic environment that is not providing new resources for many centers. Discussion on the listserve also focuses on sharing the best ways to serve the most students in a timely manner.

Our Next Conference

8003

2010-2011 Board President Gara, Drawesky of Hauston-Clear Lake Past President: David Ramin, Illinow State University President-dorn Grey Delling, Toward University Transverse of Muchae Graning, Herity ensury of Texas Websile Carel O'Saleen, Appalachian Nate Univ. Latvervo Paula Recton, University of lowar hols lindgers, Cornell University Charla Know, Daiversity of Galifornia - Norbeley Rite Riem, Vientinie Tech, University, Course framer, Arbanou State University

8003

Our next conference is planned for Minneapolis, hosted by Jerry Shih of the University of Minnesota-Twin Cities. The schedule will be different from previous years due to a vote of the membership. Our conference will start with on Tuesday, May 17, 2011 and run through Friday, May 20, 2011. We are Menderating Chain Carol Disident Appelation Stells Univ. hoping that the timing of the conference will provide members with a little more balance to their lives and avoidance of finals week. If you are a clinical director, please note that the deadline to submit a presentation is in March1

We are very excited to be a sponsor of the CCAPS 50th Anniversary celebration! We welcome your feedback and our liaison relationship with you'l If you have feedback or ideas for ACCCCS, you can pass your thoughts along to me at cookc@uhcl.edu.

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Association of Counseling Center Training Agencies Liaison Report CCAPS Newsletter March 2011

ACCTA 2010-11 CCAPS, March 26-30, Baltimore, MD

Submitted by: ACCTA Representative- Jodi Caldwell

Description and Mission

 The Association of Counseling Center Training Agencies (ACCTA) is an organization of internship programs in college and university counseling centers across the United States and in Canada.



• The mission of ACCTA is to promote excellence in predoctoral psychology internship training within university and college counseling centers. Fundamental to our values is appreciation of and support for diversity and the enrichment that an inclusive multicultural community brings to the organization and to training generally.

Recent Activities and Issues of Importance-

- ACCTA's Annual Conference was held October 2-6, 2010 in Portland, OR. The theme of the conference was Navigating Current Trends in Counseling Center Internship Training. A plenary panel of current ACCTA Training Directors discussed issues related to budget cuts, technology utilization, changing licensure requirements, multicultural/diversity experiences, and the impact of the competencies movement. Liaisons attending the conference included Drs. Cathi Grus APA Education Directorate; Erica Wise Association of Psychology Training Clinics (APTC); Greg Eells Association for University and College Counseling Center Directors (AUCCCD); Joyce Illfelder-Kaye Commission on Accreditation (CoA); Angela Ferguson Council of Counseling Psychology Training Programs (CCPTP); and Judy Hall National Register. The conference was followed by an APA/CoA Self-study workshop presented by Drs. Joyce Illfelder-Kaye and Donna Horn.
 - The ACCTA Diversity Mentorship Scholarship Program provides funding for selected psychologists who are committed to diversity and wish to pursue training leadership positions within counseling centers to attend our annual conference. This year's Diversity Scholars and their conference presentations were: Dr. Grace Chen, Palo Alto University – Like Water over a Rock: The Effects of Microaggressions; and

Dr. Joy Stephens, Towson University – Social Class Training: Integrating Classism within Cultural Conversation.

- This year's recipient of the Helen Roehlke Award for Service to ACCTA was Dr. Sharon Kirkland-Gordon of the University of Maryland.
- This year's recipient of the Helen Roehlke Award for Service to ACCTA was Dr. Sharon Kirkland-Gordon of the University of Maryland.
- A widely attended session at the conference focused upon updates to the AAPI Selection Portal, organizing and utilizing data from the AAPI, and changes to the Match process for 2011. It was very helpful to have Dr. Greg Keilin and Dr. Cecilia Sun share information on these topics.
- ACCTA's 2011 conference will be held September 10th -14th at the Grand Geneva Resort in Lake Geneva, WI. The theme will be "Integrating Social Justice Issues in Internship Training: Expanding our Multicultural Competence". Suzette Speight, Ph.D. and Elizabeth Vera, Ph.D. will be giving the keynote address.

- The ACCTA Clearinghouse, which has existed for a number of years to serve intern candidates and ACCTA member internship programs not able to find or fill positions in the APPIC Match, will be discontinued. Most of our member programs are also APPIC members and participate in the Match; therefore, they will participate in Phase 2 of the APPIC Match if their slots are not filled in the first cycle of the Match. We will continue to assist members not participating in the Match to find interns following the completion of the 2-phase Match process.
- ACCTA has recently accepted a bid from Clarity Ventures, Inc. to implement a major website redesign that will better meet our current needs. Clarity Ventures, Inc. was also the company selected by APPIC to redesign their website. The launch of the redesigned website is planned for spring 2011.
- ACCTA has decided to hire a conference planner, beyond the site locater that we currently use. Because of our positive experience working with Debbie Nolan on the 2008 International Counseling Psychology Conference and the 2010 CCTC Joint Conference of Training Councils, we have contracted with her to serve as our conference planner beginning with our annual conference in 2012.
- The Handbook of Multicultural Counseling Competencies, which grew out of work started in ACCTA, was published by Wiley in summer 2010. Several of ACCTA's former presidents, Drs. Jenny Cornish, Barry Schreier, and Emil Rodolfa, served as editors and have donated all royalties from the sale of the Handbook to ACCTA to support training in multiculturally competent practices.
- ACCTA made a financial contribution to sponsor the National Multicultural Conference and Summit (NMCS) held in Seattle in January 2011.
- ACCTA made a financial contribution to the 50th Anniversary celebration of CCAPS, to be held at ACPA in March 2011.

The 2010-2011 ACCTA Board		
President	Maureen A. Lafferty, Ed.D.	University of Notre Dame
Secretary	Julie M. Corkery, Ph.D.	University of Iowa
Treasurer	Tricia Besett-Alesch, Ph.D.	University of Nebraska-
Past President	Kathlyn C. Dailey, Ph.D.	
Members:	Jon Brandon, Ph.D.	Texas State University
	Kevin Bursley, Ph.D.	Iowa State University
	Mary Ann Covey, Ph.D.	University of Pittsburgh
	Glade Ellingson, Ph.D.	Texas A & M University
	Ellie Hakim, Ph.D.	University of Utah
		University of Texas at Dallas
	Karen Hofmann, Ph.D.	University of Central Florida
	Natasha Maynard-Pemba, Ph.D.	University of Florida
	Rene Monteagudo, Ph.D.	University of Illinois
	Cecilia Sun, Ph.D.	University of Houston
	Matt Zimmerman, Psy.D.	University of Virginia

ACCTA appreciates the close working relationship that has been established with CCAPS and looks

forward to continued collaboration, especially in the areas of competencies and evidence-based assessment practices as well as the need for more creative leadership in challenging times and meeting the needs of a changing student body, with special attention to campus diversity issues.

Submitted on February 14, 2011

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Here are the memories that some of our fellow CCAPS members shared

My favorite memory is from earlier this century (I believe 2002 or 2003?). Bert Epstein was co-chairing the Program Committee at that time, and was, at the last

He spent a few minutes telling us about a variety of extremely odd and

noted that we would have to implement those ideas for us to have any

outlandish ideas that ACPA's program committee had decided upon. He also

programs accepted, etc. As you might imagine, we were couldn't believe that ACPA would choose to implement these ideas, and continued to question

next convention and how it was to impact our programming.

CCAPS business meeting of the convention, ready to report on the theme of the

CCAPS: Memories

with us...

CCAPS Newsletter March 2011





CCAPS CCAPS has had many notable individuals in its membership over the past 50 years. In an effort to capture and share this history, profiles have begun to be posted on the CCAPS website. View their profiles, read about their memories, and learn of their contributions by visiting the Faces of CCAPS

And then finally...he reminded us that the date was April 1 (and boy had he fooled us!)

I often think back on that meeting, and that moment of hearing "April Fools" fondly. It reminds me that our organization is not only a place to discuss the serious work we do, but also a place to have a great time laughing and joking together, and just have some fun.

I look forward to having some fun with you all at the next convention.

Best, Carolyn (Bershad)

him to make sense out of it all.

It was the "Best of Times" when...Past and present CCAPS leadership came together to discuss the importance of the Flagship Innovations Program. It was an important meeting that was very informative and inspiring.

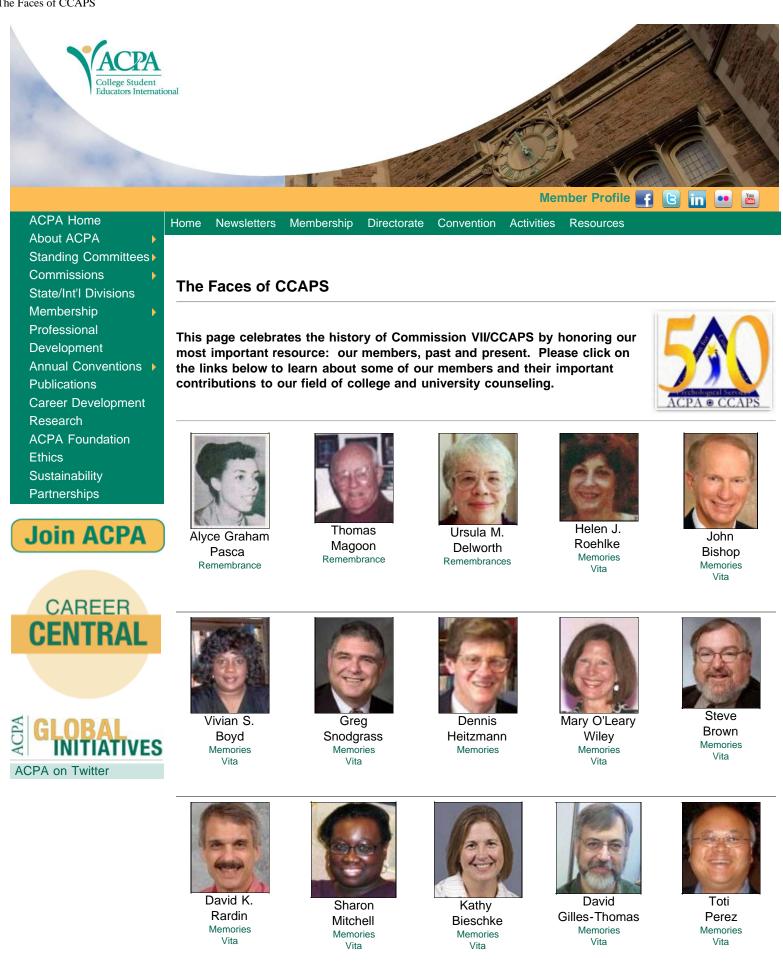
Chanda (Corbett)

My best and most memorable memories of CCAPS were my first memories. I came to my first CCAPS events during my internship year. Barbara Palombi, my Training Director, spoke very highly of the group and encouraged the interns to get involved. It was my first networking experience in the field and I have to say even to this day one of the best. I was so relieved to find others in the profession to be warm, funny, welcoming, and enjoyable to be around. From that moment on I was hooked! and have always looked forward to seeing everyone again each year.

Eric (Klingensmith)

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Levine Memories Vita



Sue Stock Memories Vita



Bert H. Epstein Memories Vita



Jeff VanLone Memories Vita

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Committee Chair Report

CCAPS Newsletter March 2011

Emily Russell, Publicity Committee:

The Publicity Committee has been in full swing in preparation for the upcoming convention. Several universities in the Baltimore and greater DC area have been notified of CCAPS programming, so hopefully there will be a lot of attendees from the local area! Additionally, several committee chairs have been working hard on organizing the CCAPS programming schedule, which is nearly complete. All attendees to CCAPS programs will receive a program schedule at the convention.

Joy Stephens, Continuing Education Committee:

The Continuing Education Committee is excited to sponsor 39 programs at the ACPA Convention. Topics include ethics, multiculturalism, group, outreach, and prevention. Volunteers will be needed to assist in distributing CE packets and materials. Please contact Joy Stephens for more information. Thanks for your support!

Dwaine Campbell, Programs Committee

The list of CCAPS programs has been updated to include the CE programs available at the convention: <u>CCAPS Programs and Meeting, 2011</u>

Tom Berry, Archive Committee

I have been working with current and past CCAPS leadership, as well as the ACPA Archivist, in developing both the handbook for this reconstituted committee and to begin drafting checklists to aid in identifying documents from the commission's work that need to be included in an archive. I am very grateful for the contributions of many CCAPS members, particularly the current and past commission chairs. The handbook and checklists will be ready to pass along at convention.

Sarah Mebane, Membership Committee

The membership committee has worked this year on trying to come up with new ways to increase our membership. We have updated the CCAPS brochure, as well as creating "wallets" with information about CCAPS that can be distributed throughout the convention (and beyond!). As the convention approaches, we are gearing up to spread the word about CCAPS membership opportunities at our events throughout the convention.

We would like to invite you to join us for our "Meet and Greet" dinner on Saturday, March 26th, at 7:30 p.m. This dinner, which has formally been called the "Reunion" dinner, is an informal, no-host dinner which will allow us to reconnect at the start of the convention. The location this year is Phillips Seafood restaurant, which is located at 301 Light Street in Baltimore. Anyone interested in CCAPS/college mental health is welcome to attend. **Please RSVP to** Sarah Mebane by Monday, March 21. We hope to see you there!

As you know, each year we have a table at the ACPA Convention Showcase. As a way to increase attention and membership, we try to have giveaways like sweatshirts, t-shirts, hats, mugs, etc. Those giveaways are donated by you all and your schools! So, I am writing to ask that you all start working on donations from your school. I have e-mailed a letter with more information, and this letter can be used to recruit items from your school or office. If you have donations, please email me to let me know what you are going to bring. I want to make sure that we have enough giveaways. Thanks so much in advance for your time and help!

Jim Dolan, Elections Committee

We received unanimous, overwhelmingly positive endorsement from you for our outstanding CCAPS Chair-Elect nominee, Dr. Carolyn Bershad! Congratulations Carolyn!

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Each One Bring One!

CCAPS Newsletter March 2011





ACPA on Twitter

The "Each One Bring One" contest is an initiative that promotes the invitation of new members to CCAPS. Returning CCAPS members are asked to invite and bring their colleagues and trainees to convention. We will circulate a list at the major CCAPS events and the person who brings the most new attendees to the convention wins a prize.

If you have any questions contact: Sarah Mebane

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From the Chair

CCAPS Newsletter March 2011

Hello CCAPS Colleagues,

You never know what will happen next.

About 25 years ago, as I was sitting at my desk at a small liberal arts university--Southwestern University, located in Georgetown, Texas-- where I was Director of Counseling Services, I received a phone call "out of the blue". On the other end of the line, a very pleasant female voice with a heavy Southern accent introduced herself as Dr. Janis Booth, Director of Counseling Services at Millsaps University, Jackson, Mississippi. Janis said that she was submitting a proposal for a panel at



the ACPA annual convention about the issues facing small college counseling centers. She asked if I would be interested in joining the panel. Of course I said "yes". Our panel presented for a number of years at ACPA until I took my current position in 1992 as Associate Director of The University of Texas Counseling and Mental Health Center (which pretty much disqualified me as a member of a small college counseling center panel!) But—my association with ACPA and CCAPS remained strong due to the amazing/warm/passionate/competent group of mental health professionals who I'd come to know and love, the quality convention programming, the CE's, the opportunities for professional growth and making a positive contribution to college mental health and much more.

This year CCAPS celebrates its 50th anniversary and I know that my story is one of thousands that reflect the positive impact that this organization has had--- not only on CCAPS members themselves but on the many lives (colleagues, faculty, staff, students and others) that were touched as a result of their membership. For example, how many students' lives have been affected by direct application of the innovative approaches learned from attending Tom Magoon's "Innovations in Counseling" panel, the longest-running convention program sponsored by CCAPS?

What an honor it is to be able to be part of a 50th anniversary planning team whose work over the past year has been to develop and implement a joyous 50th celebration. A special "shout out" to 50th Anniversary Committee members Carol Bershad, Vivian Boyd, Steve Brown, Jocelyn Buhain, Sherry Conrad, Chanda Corbett, Kelly Case-Simonson, Jim Dolan, Jonathan Kandell, Heidi Levine, Stacey Pearson, Toti Perez, and Sue Stock for all their enthusiasm, creativity and hard work! And, a huge thanks to our awesome CCAPS sponsors who have turned our celebration dreams into reality with their generous donations. A complete list of our sponsors can be found at our 50th Anniversary webpage.

We have so many wonderful components planned for our celebration---from a complete written history of CCAPS' 50 years which will be posted on our CCAPS website, to the creation of a "Profiles" project on the website spotlighting key individuals who have made major contributions to CCAPS over the years, to a three-part convention Institute (on Tuesday) addressing the past, present and future of CCAPS/college mental health, to our extra special CCAPS Tuesday evening Social (including our awards ceremony honoring outstanding mental health professionals and programs as well as the premier showing of a video created to highlight our 50 years). All of this on top of our exceptional CCAPS convention programs, extensive CE opportunities, "meet and greet" opportunities, CCAPS meetings, Showcase presence and more! I also want to give a special welcome to our Higher Education Mental Health Alliance colleagues who CCAPS is sponsoring this year here at ACPA! Keep checking our CCAPS website for convention updates.

So, please come to the convention and get involved in CCAPS! Connect, re-connect, learn, share, grow, have fun.

You never know what will happen next.

Jane Morgan Bost, Ph.D. CCAPS Chair 2010-2012

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NASPA Liaison Report CCAPS Newsletter March 2011

NASPA Liaison Report to CCAPS

By this time I hope that some of you have made plans to attend theannual NASPA conference March 12 -16, 2011 in Philadelphia. This gathering of student affairs professionals tends to be directed a bit more to Senior Student Affairs Officers (SSAOs) than does ACPA,



but my experience has been that the content of the sessions is similar. Unfortunately, however, NASPA does not make arrangements for mental health providers (or other health care providers) to accumulate continuing education hours during the national conference.

In contrast, the NASPA Mental Health Conference was held jointly with the NASPA Alcohol and Other Drug Abuse Prevention & Intervention Conference, January 13-15, 2011 in Miami, FL. This 11th annual conference has grown to be a gathering that brings together excellent speakers from campuses and government agencies presenting about best practices and trends, specifically related to the provision of mental health services on college campuses. Since the mental health and substance abuse prevention conferences are held at the same time, and in the same hotel complex, it makes moving between sessions hosted by the different conferences simple. Given the tremendous overlap of the topics between these areas, that opportunity is a welcome one. Fortunately, NASPA arranges co-sponsorship of this conference with several organizations, including AUCCCD. Thus, ample CEs can be earned, and I recommend the 2012 conference to our CCAPS members.

I should note, that one of the topics addressed throughout the NASPA Mental Health Conference was the January 8, 2011 Tucson shooting that had occurred the week prior. At the time of the conference we were just starting to learn about the shooter, and about his connections to his local community college. Media commentators were just starting to question whether the staff on campus had done their duty to protect the community from the threats posed by Mr. Loughner. While those questions remain open for some, the Tucson tragedy provided excellent source material for the discussions that emerged during this engaging conference.

Recommended reading: In the Winter 2011 volume of the Leadership Exchange magazine published by NASPA there are a series of articles about counseling center trends, challenges and management. On my campus we found some of the articles valuable, informed and supportive of our work with students. Other articles were more challenging with respect to how our services are utilized and supervised. Your Vice President likely gets and reads through this magazine, so it will be prudent for counseling center staff and management to be aware of what the thoughts and recommendations are on your boss's desk.

Finally, budget constraints prevent me from attending the mid-March NASPA conference in Philadelphia. I will be ending my liaison role between CCAPS and NASPA with this report. It is my hope that someone from CCAPS will be able to step into this role to continue connections between the organizations. With the ACPA/NASPA consolidation discussion and vote ahead, it is important that CCAPS be well represented in the conversation. Having a strong voice in any newly formed organization will be critical, should a consolidation result.

Respectfully submitted, Donn Marshall, Ph.D. Associate Dean of Students University of Puget Sound Email

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