



Greetings from the Chair

Happy New Year! It is appropriate that in this issue, the first of 2008, we welcome the newly elected Directorate Body members. Please take a look inside and send a note of congratulations to those elected to serve as leaders for the Commission. Also inside, you’ll find information related to our Commission’s sponsored programs for the 2008 convention in Atlanta. Our ability to screen and select programs we believe will be of significant benefit to our constituent group is an important Commission service. I hope you’ll take advantage of these programs and plan to attend them while in Atlanta.

The focus of this Commission newsletter is sustainability. It’s a topic the association has been committed to for several years and one that has great relevance to those of us working in housing and residence life. The better informed we are about sustainability, the better decisions we will make regarding purchases and facilities. In addition to reading this newsletter, please visit www.myacpa.org/task-force/sustainability to view the many resources created by the ACPA Sustainability Taskforce.

We also have an obligation to educate our students, future citizens, and leaders about the topics that comprise sustainability: health environments, strong economies, and socially-just systems. If the articles in this issue increase your curiosity, consider attending the ACPA Sustainability Institute that will take place in June in Boston with a team from your campus (www.myacpa.org/pd/sustainability).

Here’s wishing you all the best as you begin your spring semester – and as you begin the count-down to Atlanta. Be sure to read our next newsletter to find out when and where Commission events will be occurring at the 2008 Convention. We’d love to see you there!

Sincerely,

Kathleen G. Kerr
Chair, Commission for Housing and Residential Life
Director of Residence Life, University of Delaware
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Congratulations to the Directorate Body Class of 2011

Thank you to everyone in the Commission who voted for the Class of 2011 Directorate Body members. This year there were more than 100 nominations. Votes were cast by 183 Commission members, and many of the races were very close. We are pleased to announce the following individuals have been elected as the Class of 2011 Directorate Body members for the Commission for Housing and Residential Life. Please take a moment to congratulate your colleagues.

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Join the Commission for Housing and Residential Life Listserv

To subscribe to the Commission for Housing and Residence Life listserv, please use the following directions:

- Visit <https://members.myacpa.org/Scripts/4Disapi.dll/4DCGI/person/Listserv.html>.
- Log in with your ACPA username and password
- Find the line for "Commission for Housing and Residential Life," verify your e-mail address and select an option from the drop-down menu (subscribe single or subscribe digest).
- Select "Submit Changes."

If you have any questions regarding this process, please contact the International Office at (202) 835-2272 or info@acpa.nche.edu.

Call for Commission Award Nominations

The Commission for Housing and Residential Life invites you to recognize outstanding professional and graduate staff members, as well as excellence in programs and services. In a field where extreme effort often goes unnoticed or unrewarded, this is your opportunity to show your appreciation to your peers and colleagues. Nominations will be taken on the following awards and will be presented at the Commission for Housing and Residential Life Awards Ceremony at the 2008 ACPA Convention in Atlanta.

All institutions are encouraged to participate in this program by recognizing deserving individuals and programs, however, institutions may submit only one nomination for each category. The nominations should be based on performance and results that occurred between the previous ACPA convention (March 2007) and the upcoming ACPA convention (March 2008). Nominations should outline the individual, program, or service being highlighted; indicate how the nominee demonstrated meeting the award criteria; and list specific areas in which the nominated individual or program/service excelled. Details on the nomination process and what should be included in the submissions can be viewed at www.myacpa.org/comm/housing/awards.cfm.

Please submit all nominations in Microsoft Word and e-mail it as an attachment to Ryan Green at greenrya@sou.edu. Only send one attachment per nomination. The deadline for award nominations is **February 22, 2008 by 5:00 p.m. PST**. If you have any questions, need more information regarding the awards process, or need to submit your nomination in another format, please visit www.myacpa.org/comm/housing/awards.cfm or contact Ryan Green at greenrya@sou.edu.

Outstanding Undergraduate Student Staff Member: This award is presented to an outstanding undergraduate student employed in a para-professional staff position who has demonstrated outstanding performance in that position above and beyond normal expectations and has contributed to residence life through research, a program, or related activity.

Outstanding Graduate Student Staff Member: This award is presented to an outstanding full-time graduate student employed in a para-professional staff position who has contributed to residence life through research, a program, or related activity which was above and beyond normal expectations.

Outstanding New Professional in Residence Life: This award is presented to an individual in the first three years of professional employment who has demonstrated outstanding contributions to her/his campus and/or the housing profession. This individual must demonstrate potential for a successful career in housing or residence life.

Outstanding Experienced Professional: This award is presented to an individual with four or more years of professional employment who has demonstrated outstanding contributions to her/his campus and/or the housing profession. Two recipients will be awarded—one with four to nine years of experience and one with ten or more years of professional experience.

Excellence in Service Award: This award is presented to an individual who has demonstrated outstanding contributions to her/his campus and/or the housing profession and is not eligible for any of the other awards. Possible nominees could include administrative assistants, custodial/maintenance staff members, food service personnel, or night security staff members.

Housing and Residence Life Innovation Award: This award is presented to an institution or department who designed, implemented, and evaluated an outstanding innovation.

Outstanding Use of Technology: This award is presented to an individual or institution who designed, implemented, and evaluated an outstanding method of using technology.

Excellence in Sustainability: This award is presented to an individual, department, or institution that has demonstrated outstanding contributions toward sustainability on her/his campus and/or to the housing profession.

Request for Award Submission Reviewers

As we begin the process of recognizing our students' and colleagues' efforts this past year, we need your help! Reviewers are needed from all positions all over the country to participate in this process. The larger our reviewer pool, the more enriched our awards process will be.

If you are interested in reviewing awards for the Housing and Residential Life Commission, please e-mail Ryan Green at greenrya@sou.edu by February 8, 2008. You will receive the nominations on February 25 and will have until March 7 to review and return nominations.

Newsletter Feature Focus: Sustainability

Sustainability and ACPA

Submitted by: The ACPA Sustainability Taskforce

The United Nations has declared 2005-2014 a Decade of Education for Sustainable Development. Sustainability is most commonly defined as the ability to provide for the needs of the current generation without compromising the ability of future generations to meet their needs (World Commission on Environment and Development, 1987). If student affairs is a profession committed to developing good citizens, sustainability is a concept we must attend to as a profession including our knowledge base, our educational aims for students, and our practice as institutional leaders. It is only through this commitment to sustainability education that our imaginings can come to fruition.

On December 7, 2005, ACPA and eight other higher education associations officially founded the Higher Education Association Sustainability Consortium (HEASC). As part of the U.S. Partnership for Decade of Education for Sustainable Development, the mission of the work of the consortium is to help ". . .leverage the United Nations Decade to foster education for sustainable development in the United States."

ACPA recognizes that colleges and universities provide students with the knowledge they need to make an impact in their personal, civic and professional lives. By educating them on sustainable development, they can make positive changes for society by making economically, environmentally and socially responsible choices that help create a flourishing ecosystem, healthier communities and stronger societies.

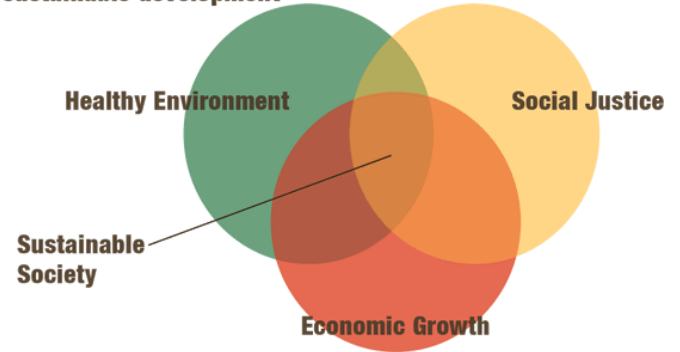
How does sustainability reflect ACPA's core values?

Among ACPA's stated core values are the following:

- Education and development of the total student
- Diversity, multicultural competence and human dignity
- Free and open exchange of ideas in a context of mutual respect

ACPA is committed to the advancement of healthy and sustainable communities throughout the world. By supporting college student educators and the work they do with students, ACPA's core values will help solidify the action steps taken to achieve the mission of HEASC. By advocating the total development of students, ACPA plays a key role in the consortium by emphasizing the student development approach to teaching and learning with the national higher education community.

The three components of sustainable development



What is ACPA doing to support sustainability?

ACPA is working on the development of a toolkit for college student educators. This electronic resource will serve as a step-by-step guide to help educators and their campuses begin their efforts to involve students, faculty, staff, and even community residents in collaborative sustainability activities. This toolkit as well as ideas for campus activities that support and educate about sustainable living, webcasts, PowerPoint presentations, and various other sustainability resources are available on www.myacpa.org/task-force/sustainability.

ACPA recognizes that colleges and universities provide students with the knowledge they need to make an impact in their personal, civic and professional lives. By educating students about the principles of sustainability, they can make positive changes for society by making responsible choices that help create healthy environments, social justice, and strong economies. To do so, we, as a profession, must make a commitment to sustainability: personally, professionally, and institutionally.

Think of the impact we could have as a profession if every Housing and Residence Life program made a commitment to educating students about principles of sustainability! On the next page are some tips for integrating sustainability into your Housing and Residence Life program.

Newsletter Feature Focus: Sustainability

Sustainability and ACPA, continued. . .

Educate and Engage Residents

- Use bulletin boards, electronic newsletters, banners, community meetings, and programs to educate residents about sustainability
- Celebrate Campus Sustainability Day (October) and Earth Day (April)
- Role model
- Connect your residents with student organizations
- Develop a sustainability pledge for your residents (or utilize the one that ACPA developed)
- Teach residents about fair trade
- Host a green cleaning party before cleaning and safety inspections
- Facilitate competitions between housing communities to encourage water/electricity conservation and to increase recycling
- Provide light bulb exchanges
- Show residents how to recycle in housing
- View a sustainability-themed film and have a discussion
- Conduct an audit of your community with residents. Note energy waste, do something about it
- Host a swap meet at the end of the semester or year. Things that work well include: appliances, decorations, books, etc.
- Invite faculty to join the conversation

Make All Current Programs More Sustainable

- Ask residents to bring their own plates, cups, silverware
- Eat local food on those dishes
- Be sure to have recycling bins available
- Ask residents to turn out their lights before coming to the program
- Educate residents about what you did to make things more sustainable and why
- If t-shirts and trinkets are necessary, be sure to purchase organic/environmentally kind products
- Support local businesses for purchases and avoid corporations that are not sustainable in practice
- Insist that no sweatshop goods are used with programming
- Collect canned food or toiletries from attendees and educate residents about the population that will receive the collected items

Even if your campus is new to sustainability initiatives, Housing and Residence Life programs can lead the way.

- Make programs more sustainable and educate campus partners about this practice
- Conduct a department sustainability assessment
- Imbed sustainability into the mission, vision, values, and assessment plan
- Engage students, faculty, staff, and community members in creating solutions
- Communicate your departments sustainability initiatives on your website, through e-mails, and in newsletters
- Imbed principles of sustainability into training models and manuals
- Encourage student activism
- Create a learning community on campus that encourages synergy. Move your institution forward by sharing resources and ideas

Remember that sustainability is not just about the environment, it's about creating a better vision for the world. Challenge others to do the same!

Did You Know?

The average college student generates 640 pounds of garbage each year, resulting in approximately 222 million tons of waste generated by college students yearly.

From <http://ecocollegechallenge.com/waste.html>

Newsletter Feature Focus: Sustainability

Sustainability in Residence: A Resource Guide

Submitted by: Roberta Garrett, Rutgers, The State University of New Jersey-New Brunswick

Each year with every new group of students that comes in we realize the needs of our students are changing. We also realize our facilities are aging and not meeting their needs. We plan, implement and oversee renovations, repairs and new construction. This process used to seem simple. Other than location, bed spaces, amenities and aesthetics there were few other considerations that professionals on our level had to consider. However the conversations we're having are becoming more complex; the conversations are becoming global. We are beginning to see how we impact our community and environment, as well as how that impact can be a positive one, or at least the negative impact can be minimized.

When discussing sustainability in residence halls we need to think about LEED certification. The first question that comes to mind is what is LEED certification? In the United States and in a number of other countries around the world, LEED certification is the recognized standard for measuring building sustainability. Achieving LEED certification is the best way for you to demonstrate that your building project is truly "green." The LEED green building rating system—developed and administered by the U.S. Green Building Council, a Washington D.C.-based, nonprofit coalition of building industry leaders—is designed to promote design and construction practices that increase profitability while reducing the negative environmental impacts of buildings and improving occupant health and well-being.

LEED certification, which includes a rigorous third-party commissioning process, offers compelling proof to you, your clients, your peers and the public at large that you've achieved your environmental goals and your building is performing as designed. Getting certified allows you to take advantage of a growing number of state and local government incentives, and can help boost press interest in your project. The LEED rating system offers four certification levels for new construction—Certified, Silver, Gold and Platinum—that correspond to the number of credits accrued in five green design categories: sustainable sites, water efficiency, energy and atmosphere, materials and resources, and indoor environmental quality. LEED standards cover new commercial construction and major renovation projects, interior projects and existing building operations. Standards are under development to cover commercial "core and shell" construction, new home construction and neighborhood developments. If you are interested in more information on LEED certification, check out the US Green Building Council website (www.usgbc.org).

While LEED certification addresses sustainability issues on a national level there is much we can do on a local level. Many of us are interested in and planning new construction. We are all aware of

the impact that new construction has on the environment. What if there was a way to lessen the impact of new construction? Many companies are addressing this issue by utilizing modular or off-site manufacturing. Modular/off site manufacturing of buildings are an ideal solution when timing is a primary concern. Through modular construction techniques, we can cut overall project schedules by up to 50 percent without sacrificing quality or design. We can complete an addition or an entire educational facility in a single summer, which dramatically reduces both site disruptions and the safety risks associated with an open construction site. One such company that is leading the movement is Kullman. More information including video links are available on their website (www.kullman.com).

Okay, now let's think even more locally. Sustainability is a wonderful topic to program around. Many in our student body are more aware of their impact to the environment, and they are willing to do something about it. One such example of a sustainability program is occurring at many colleges and universities across the country, called *RecycleMania*. This program is intended as a friendly competition among college and university recycling programs. Over a 10-week period it provides the campus communities with a fun and proactive method of waste reduction. Its real purpose is to bring awareness to students regarding campus recycling and waste minimization programs. *RecycleMania* helps with the global goal of recycling and waste reduction, but at the campus level. There are opportunities for recognition, certificates and trophies. Who doesn't like recognition? Last year's Grand Champion was the Cal State San Marcos Cougars, followed by the Scarlet Knights of Rutgers University and Hornets of Kalamazoo. For more information on *RecycleMania*, including registration and last year's stats, check out their website (www.recyclemaniacs.org).

There are tons of programs, initiatives and unique learning opportunities focusing on sustainability. We're in a unique situation to have an impact on our community locally and globally. It's important that we involve our students and staff to pay attention to our impact on the environment. Small changes from recycling to changing to more energy efficient light bulbs all make a difference. I hope this provides you with a starting point for conversation, research and implementation. If your campus has programs or initiatives that focus on sustainability I'd love to hear about it. E-mail me at rgarrett@rci.rutgers.edu.

About the author: Roberta Garrett is the Manager of the Livingston Campus at Rutgers, The State University of New Jersey-New Brunswick. She can be contacted at rgarrett@rci.rutgers.edu.

Newsletter Feature Focus: Sustainability

Sustainability Initiatives within Housing: One Campus' Example

Submitted by: Carla Dennis and Joel Eizenstat, University of Georgia

Some colleges and universities have been participating in sustainable practices for years. Those institutions may have their own office of sustainability that is supported by campus administrators. It may be standard practice for them that as new buildings are constructed to make them LEED certified. Additionally, education efforts for students may be visible across campus. However, for other colleges and universities, an overall lack of emphasis on sustainability may be felt. Although this lack of emphasis can be frustrating for many, there are several things that can be done within a housing department to help support sustainability efforts.

The University of Georgia does not currently have an office of sustainability, nor does it have a single LEED certified building on campus. Some may argue that as the flagship institution for the state of Georgia, UGA should be setting the example for others, when in fact, we are lagging behind. However, it does have more than 350 faculty and staff members in the Academy of the Environment, a campus-wide initiative that brings together faculty and staff from across campus to collaborate on interdisciplinary instruction, research, and outreach on environmental issues. In addition, there is also a student sustainability initiative called the Go Green Alliance. As such, the Department of University Housing recognizes that although there is no university-driven initiative towards sustainability efforts, there still needs to be a commitment to be proactive in supporting good practices.

The most common definition of sustainability is “meeting the needs of the present generation without compromising the ability of future generations to meet their own needs.” In general, this means that sustainable technologies use less energy and fewer materials, do not deplete natural resources, do not directly or indirectly emit any poisonous substances, and can be reused in some way when their useful life has ended. In University Housing, there are several initiatives we have started or participated in to create a more sustainable living environment for our students. These efforts center primarily on recycling, water conservation, construction waste management, and green cleaning. All of the initiatives were internally driven and may be done on many other campuses without the need of support from campus leaders.

University Housing's recycling efforts have grown over the past several years. Originally, the Department had a quality improvement team that focused on this issue; however, several years ago it became an inactive group. Recently, a couple of individuals within the Department began taking the lead to increase recycling efforts within the residence halls. Although we have had outdoor recycling containers for years, eleven new and attractive recycling containers were purchased within the past year and placed in various locations within the residence halls. Since their installation, student participation in recycling has increased. In addition, these new containers

help to keep recyclable materials from becoming contaminated, so that they can be recycled appropriately. Because of the increase in student participation, we are hoping to purchase ten more containers in the upcoming year.

In a collaborative effort with the Physical Plant Division on campus, University Housing also encouraged residents to recycle by distributing recycling packets to each of the residence halls. These packets promoted the need to recycle, but also helped students understand how they can help and where they can recycle their materials. Last October, the Go Green Alliance established a week-long event called “8 Days 2 Go Green.” University Housing participated in the planning of these events and encouraged resident participation as well. Events throughout the week included a kick off party, recycling competition among the residence halls, distribution of educational materials, water bottle exchange, games, a movie showing, and a “trashion” show featuring clothing made from recyclable materials. This semester, UGA has been entered into *RecycleMania*. *RecycleMania* is a national competition among colleges and universities whose goal is to increase student awareness of campus recycling and waste minimization. Over a ten-week period, campuses compete in different contests to see which institution can collect the largest amount of recyclables per capita, the largest amount of total recyclables, the least amount of trash per capita, or have the highest recycling rate. University Housing is planning to be an active participant and is currently working on marketing ideas and activities to encourage resident participation in waste reduction.

Another area in which University Housing has contributed to sustainability efforts is through construction waste management. Last summer, University Housing completed an in-house modernization of two of the Department's residence halls. From this project, we recycled 57,143 square feet of acoustical ceiling tile, 5,000 pounds of metal, approximately 500 fluorescent light bulbs, 250 lighting ballasts, and 500 pounds of cardboard. Because this project was managed in-house, the Department was easily able to incorporate those recycling efforts. Currently, as we are creating future project specifications for outside contractors, we are looking at adding terminology to incorporate recycling efforts into construction waste management, so that all of our projects can help with sustainability efforts. UGA is fortunate to be located in a county with a great recycling program, so taking materials to them was very easy. However, if housing departments are not located in areas with such a strong program, there are many resources available online that can direct you to appropriate recycling materials.

Water conservation has become extremely important at UGA, since the area is under a Level 4 drought. Because University

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Sustainability Initiatives within Housing, continued . . .

Housing residents are a large consumer of water, the need to look at water efficiency has greatly increased. To start, maintenance staff members inspected all pipes to look for leaks. Although we have many low-flow toilets and shower heads throughout the residence halls, any devices that were not low-flow are currently being replaced. Additional money has also been allocated for water conservation efforts by our Department to replace various other fixtures in the upcoming year. Finally, an ongoing educational campaign on water usage reduction has been established for residents. Posters and stickers containing water conservation tips and information have been placed around the residence halls. The Housing cable channel has also included various ideas to encourage water reduction. This semester, we are sending out a department-wide newsletter to all residents updating them on our current situation and reminding them that although there has been some rain, the need for water conservation is still critical.

Incorporating green cleaning practices into our Department is another simple way to help with sustainability efforts. There are many benefits for green cleaning. First, green cleaning improves environmental hygiene by preventing cross contamination of microbes into sensitive areas. Green cleaning also improves the indoor air quality by reducing chemical and particulate exposure, which in turn reduces chemical hazard exposure to residents and employees. Another benefit of green cleaning is that the number of cleaning agents needed is decreased, which also translates into a cost savings for the Department. In the one hall that is currently using green cleaning methods, the number of chemicals needed have been reduced from eight to three agents. Because of the success of the green cleaning, we are looking to expand green cleaning into all residence halls in the upcoming year.

On many campuses housing and dining services are part of the same enterprise. At UGA, University Housing and Food Services are two distinctly different auxiliaries; however, it is worth mentioning some of the sustainability initiatives that are taking place within Food Services as it may be beneficial for other campuses. The following are some of the initiatives done internally through Food Services: recycling stations are located at all campus dining halls for cardboard, plastic, glass, metal cans, cooking oil, and other materi-

als; reduced prices are offered for use of reusable “Big Gulp” mugs in their retail operations; Food Services is an active donor participant of the “Full Plate Program” which donates dining hall food to local community organizations; remote extractors have been installed to reduce food waste and plastic into recyclable materials; and napkins are placed on the tables rather than at silverware stations, which makes it easier for students to take and use only what they need.

Even though UGA’s University Housing has begun some initiatives in sustainability, there is much more we feel we can accomplish. As we construct new buildings, it is a desire of ours to construct high performance, sustainable buildings, that are ideally LEED certified or at least meet some of the requirements. In previous renovation and modernization projects, we have been able to upgrade lighting to high efficiency fixtures with electronic ballasts, as well as install photo luminescent exit signs that require no electricity. It is hoped that those efforts will continue as well as looking at changing out old thermostats with programmable thermostats, upgrading building automation systems to include sensors and variable speed motors, and installing occupancy sensor for lighting in future projects. It is also hoped as we continue to renovate buildings that ways to increase insulation will be examined as well as ways to capture rain water and condensation water from air handling units for reuse.

Although it may be better to have an institutional office on sustainability and have institution-wide emphasis on sustainability, housing departments should not be discouraged from trying several in-house initiatives to enhance sustainability efforts on their campuses. It is hoped that through the work conducted by Housing, other members of the campus community can see the benefits of such initiatives and the need to support a more institutional-wide mission of sustainability.

About the authors: Carla Dennis is the Assistant to the Executive Director and Joel Eizenstat is a Project Coordinator in the Department of University Housing at the University of Georgia. They can be contacted at cadennis@uga.edu and jeizenst@uga.edu.

Living the Green Life

Submitted by: Rebecca Mosely, Oberlin College

As more and more colleges and universities across the country start to embrace the ideals of sustainability and green living, one of the trends we are seeing in housing is the creation of sustainability-focused living-learning communities. These communities are excellent ways for colleges and universities to work towards sustainable

environments even if there is little support from the administration for these objectives.

Oberlin College opened one such learning community this fall. The Student Experiment in Ecological Design (SEED) is a student

Newsletter Feature Focus: Sustainability

Living the Green Life, continued . . .

initiated learning community connected to the Environmental Studies department. The SEED house consists of a duplex, one half of which is being renovated into a more sustainable living environment, while the other half is receiving only the upgrades that all other houses on campus receive. This past summer, the SEED house received upgrades in insulation, weather proofing, windows, water heaters and furnaces, lighting fixtures that would utilize CFLs and plumbing that would allow low flow fixtures. A utility monitoring system was also added to allow the students to keep an eye on their utility usage. In addition to the upgrades in one half of the duplex, the residents in the entire duplex have implemented a waste management and composting program. As a service to the community, the students also educate others on how to make their houses more sustainable. The goal of this community is to see how the small and large changes we make in our daily lives can impact our environment.

Living-learning communities such as this one are being created around the country in an attempt to better educate students on how to reduce their carbon footprints. With the recent focus on global warming, this is an issue that more incoming students want to address; however there are a lot of places where the idea of making changes for sustainability reasons is seen as too costly. Green living-learning communities are an excellent way to help start conversation around sustainability issues on campus.

By beginning with one small group of students, we can make a greater impact on the student body in general. At Oberlin, for example, the SEED house has been so successful in its first year that we already know that it will be full for its second year. This is very

exciting considering we often struggle to completely fill our other living-learning communities.

If you are interested in starting an eco-friendly living-learning community on your campus, here are some more examples to check out:

- Sustainability Learning Community at the University of North Carolina, Chapel Hill
- Green Quad at the University of South Carolina
- Environmental Issues at Villanova University
- The Environmental Awareness Living and Learning Community at the University of Denver
- The Eco House/Sustainability Learning Community at Northern Arizona University
- GreenHouse Residential Learning Community at the University of Vermont
- Green Community at the University of Kentucky
- The Homestead at Denison University

These are just a few of the examples of green communities that are currently available to students. Each program has very different aspects in how it is run, but they all are hoping to accomplish the goal of educating students towards a more sustainable future and making our world a better place. Are your students ready to live the green life?

About the author: Rebecca Mosely is the Assistant Dean/Assistant Director of Residential Education at Oberlin College. She can be contacted at Rebecca.Mosely@oberlin.edu.

Is Your Tour Room Green?

Submitted by: The ACPA Sustainability Taskforce

A tour room or show room can reflect a housing program's commitment to sustainability! Displaying key items with educational signage can help students (and their families) make responsible choices that help create healthy environments, social justice, and strong economies. Some ideas to make your tour room green include:

- Have Energy Star appliances, such as refrigerators or microwaves visible
- Use compact fluorescent light bulbs in any lamps or lighting fixtures
- Use organic cotton sheets
- Have a recycling bin visible in the room
- Include information about adjusting thermostat temperatures
- Keep appliances (televisions, computers, stereos, etc.) unplugged when not in use
- Include a Brita filter in the refrigerator or reusable water bottles
- Include recycled plastic materials
- Keep the lights off when tour guests are not in the room
- Include a drying rack for clothes
- Have a laptop computer versus a desktop computer and no printer to encourage use of in-hall computer lab
- Use an energy efficient corded phone rather than a portable phone with charger

Newsletter Feature Focus: Sustainability

Creating Sustainable Home and Work Environments

Submitted by: The ACPA Sustainability Taskforce

10 Things You Can Do to Stop Global Warming at Home

Educate yourself: Take opportunities to learn about sustainability and become literate in sustainable development.

Replace a regular incandescent light bulb with a compact fluorescent light bulb (CFL): CFLs use 60% less energy than a regular bulb. This simple switch will save about 300 pounds of carbon dioxide a year. If every family in the U.S. made the switch, we'd reduce carbon dioxide by more than 90 billion pounds!

Move your thermostat down 2° in winter and up 2° in summer: Almost half of the energy we use in our homes goes to heating and cooling. You could save about 2,000 pounds of carbon dioxide a year with this simple adjustment. Programmable thermostats will automatically lower the heat or air conditioning at night and raise them again in the morning. This can save you \$100 a year on your energy bill.

Consume less: Consume less by using durable goods versus disposables or throwaways such as coffee mugs. Save resources by using reusable materials such as 100% recycled paper.

Use less hot water: It takes a lot of energy to heat water. You can use less hot water by installing a low flow showerhead (350 pounds of carbon dioxide saved per year) and washing your clothes in cold or warm water (500 pounds saved per year) instead of hot.

Be sure you're recycling at home: You can save 2,400 pounds of carbon dioxide a year by recycling half of the waste your household generates.

Buy locally grown and produced foods: The average meal in the United States travels 1,200 miles from the farm to your plate. Buying locally will save fuel and keep money in your community.

Buy organic foods as much as possible: Organic soils capture and store carbon dioxide at much higher levels than soils from conventional farms. If we grew all of our corn and soybeans organically, we'd remove 580 billion pounds of carbon dioxide from the atmosphere!

Be informed: Be informed about the political process and get involved!

Share with others: Share what you have learned with others and incorporate this knowledge into practice.

Creating a Sustainable Work Environment

- Reduce the number of miles you drive by walking, biking, carpooling or taking mass transit whenever possible. Avoiding just 10 miles of driving every week would eliminate about 500 pounds of carbon dioxide emissions a year!
- Turn off electronic devices you're not using. Simply turning off your computer, fax, and copier each night (along with other electronics) will save you thousands of pounds of carbon dioxide a year.
- Unplug electronics from the wall when you're not using them. Even when turned off, many electronics use energy. In fact, the energy used to keep display clocks lit and memory chips working accounts for 5 percent of total domestic energy consumption and spews 18 million tons of carbon into the atmosphere every year!
- Shut off your light when you leave your office to go to meetings or to lunch.
- Bring a reusable mug or water bottle to work.
- Go duplex. Purchase duplex printers that use both sides of paper.
- Reset your margins. Set your default margins to .75 to use less paper when printing
- Think before you print!
- Brainstorm. Spend some time brainstorming ways to make the office more sustainable during your next staff meeting.

Newsletter Feature Focus: Sustainability

Focus the Nation

Submitted by: Amy Franklin-Craft

If it is not already, your institution can become involved in a nationwide educational initiative on sustainability. *Focus the Nation* is a national educational initiative on global warming solutions for America that will culminate January 31, 2008, in symposia held simultaneously at more than a thousand colleges, universities, high schools, and other institutions. Dozens of college and university presidents have already endorsed this initiative. To maximize both education and civic engagement, *Focus the Nation* has four key components:

National Teach-In

On January 31, thousands of students on college campuses, and millions of students nationwide will participate in workshops and panels brainstorming global warming solutions. *Focus the Nation* is challenging participating schools to engage at least fifty faculty members in various disciplines across the curriculum to focus on sustainability issues.

Green Democracy

As part of *Focus the Nation*, each campus team is being urged to end their event with a roundtable dialogue with elected leaders answering questions by a panel of students. Engagement at this scale is what history demands. As such, one of the most critical components of the organization efforts is to invite federal-level elected leaders to come to campus. Even if you believe that they will not attend, it is absolutely essential that an invitation is sent to them to bring awareness of the need for them to engage in and focus on clean energy solutions.

The 2% Solution

Focus the Nation will stream a free, live, national, interactive webcast, called "The 2% Solution" the evening of January 30. The webcast features Stanford climate scientist Stephen Schneider, sustainability expert Hunter Lovins, green jobs pioneer Van Jones, and youth climate leaders for a discussion about global warming solutions. Audiences can weigh in with cell phone voting. Showing the webcast is a great way to launch your campus' teach-in. The goal of *Focus the Nation* is to have 10,000 screenings and a change in the current course of history!

Choose Your Future

As a key part of *Focus the Nation*, students, faculty, and staff will have the opportunity to vote on five priorities to solve to global warming. There are ten proposed solutions, which include policies on a coal moratorium, large-scale renewables investment, and initiatives to strengthen forests for carbon storage, to name a few. Choose Your Future is the place for serious discussion about how to achieve what science and justice demand.

To be part of *Focus the Nation*, simply go to www.focusthenation.org. You will be prompted to sign up and will be provided with a vast array of resources and ideas. By signing up, you are committing to help organize an educational event about global warming solutions at your institution on (or around) January 31, 2008. This involves, at a minimum, screen the 2% Solution webcast. Once signed up, you will receive bi-weekly updates from *Focus the Nation* that will provide you with a plethora of resources and ideas for involvement in ongoing efforts.

Check it out! Involve yourself! Involve your department! Involve your campus!

FOCUS
THE NATION

Global Warming Solutions for America



Commission Sponsored Programs

We are proud to announce the sponsored programs for the ACPA convention being held March 29-April 2, 2008 in Atlanta, GA. Thank you to all who served as program reviewers. Over 20 programs were reviewed and scored by more than 50 reviewers. This year we are excited to cosponsor programs with other commissions. Again, congratulations to our selected programs and presenters.

Sponsored Programs:

1. *Understanding Faculty Motivation for Involvement and Collaboration in Living-Learning Communities* [ID: 626]. Presenters: Jody E. Jessup-Anger and Matthew Wawrzynski (Michigan State University).
2. *Developing with Purpose: Expanding Upon the First-Year Experience* [ID: 645]. Presenters: Bryan A. Wint and Danielle Morgan (Salem State College).
3. *Conceptualizing and Implementing a Four-Year, Learning-Based Residential Curriculum* [ID: 646]. Presenters: Harry R. Knabe, Lyndsey Walter-Thomas, Jeff Llewellyn, Corinne Farrell, and Corbin Campbell (The George Washington University).
4. *Educating Sustainable Citizens: From Community Members to Stakeholders* [ID: 754]. Presenters: Jimmy Lee Howard, Sendy Guerrier, and Jacqueline Winslow (University of Delaware).
5. *Red Hawk Traditions: History, Athletics, and Tradition in a Learning Community* [ID: 576]. Co-sponsored with the Commission for Student Involvement. Presenters: Brittany Garner (Miami University) and Heather Shrine (James Madison University).

Roundtable Program:

1. *NACURH Student Award for Leadership Training—S.A.L.T. Award* [ID: 235].

Convention 2008 Assembly Meetings

The following are a list of Convention 2008 Assembly meetings. All are encouraged to attend. Please note the dates on your calendars of these important meetings that will take place in Atlanta. Please refer to the on-line schedule for locations and any time changes.

Town Hall Assembly Meeting
Monday, March 31, 2008
3:00 p.m.—5:00 p.m.

Annual Business Meeting and
Presidential Address
Tuesday, April 1, 2008
10:15 a.m.—12:00 p.m.

Town Hall Assembly Follow-up Meeting
Tuesday, April 1, 2008
4:15 p.m.—5:30 p.m.

Life-Line Topics and Article Submission

Submitting something for *Life-Line* is a great way to get your work published! *Life-Line* is published four times a year and is distributed to hundreds of members of the ACPA community. Each issue will highlight one of three topic areas the Commission has selected to focus on for the year. As you can see from this issue, the winter edition *Life-Line* is intended to inform its readers on sustainability practices. The spring issue will address designed residential learning within the residence halls. Be thinking about the topic areas that interest you, and please consider submitting a piece for *Life-Line*. Articles, original research, book reviews, critical essays, and resource lists on the highlighted topic are all encouraged for submission. The submission deadline for the upcoming issue is listed to the right. All submissions should be e-mailed to Carla Dennis at cadennis@uga.edu.

Submit an article for Life-Line!

Spring Issue: *Designed Residential Learning*

Deadline: March 3, 2008



**ACPA ATLANTA 2008
ANNUAL CONVENTION**

Professionalism with Purpose—Advancing Inclusion and Expertise
March 29-April 2, 2008

The theme of the 2008 ACPA Annual Convention to be held in Atlanta March 29-April 2, 2008, challenges us to intentionally focus on our individual and collective professional development by emphasizing three elements:

PURPOSE: Convention participants can make purposeful choices among professional outcomes that address contemporary knowledge, skills, and values.

INCLUSION: Convention participants can explore new ways in which our campuses and our profession can foster meaningful inclusion across the wide array of diversities.

EXPERTISE: Convention participants can build expertise that is based on the best of research in our profession.

Be challenged. Be purposeful. Atlanta awaits.

Convention and Hotel Registration Opens November 15, 2007

Convention Registration Rates	Early (1/31/08)	Regular (2/28/08)
Member	\$325	\$375
Student	\$130	\$180

Placement Registration Rates	Early (1/31/08)	Regular (2/28/08)
Candidate	\$60	\$80
Employer	\$80	\$95
Interview Table	\$80	\$95

Hotel Rates	Single	Double	Triple	Quad
Marriott Marquis	\$150	\$160	\$170	\$190
Hyatt Regency	\$155	\$155	\$175	\$175

For additional information on convention rates and registration, view the convention website at <http://convention.myacpa.org/>.



Commission Directorate Body Members

Kathleen G. Kerr (Chair, 2006-2008), University of Delaware

Adrian Gage (Chair-elect, 2008-2010), Worcester State College

Licinia "Lulu" Barrueco-Kaliher (2008), University of Delaware

Mary Gallivan (2008), University of Buffalo

Olan Garrett (2008), University of Maryland-College Park

Roberta Garrett (2008), Rutgers, The State University of New Jersey-New Brunswick

Harry R. Knabe (2008), The George Washington University

Jenna Moroney (2008), IIT Chicago-Kent College of Law

Rod Waters (2008), University of California, Santa Cruz

Angel Wilson (2008), University of Texas-Austin

Carla Dennis (2009), University of Georgia

Ryan Green (2009), Dickinson College

Rebecca Mosely (2009), Oberlin College

Trent Pinto (2009), Emmanuel College

Catherine Sanders (2009), University of Texas-Austin

Jack Saxon (2009), University of California, Riverside

Jodi Schulman (2009), Rutgers University

Peter Trentacoste (2009), Northern Kentucky University

Evan Baum (2010), George Mason University

Joshua J. De War (2010), Ripon College

Amy Franklin-Craft (2010), Michigan State University

Sean Gehrke (2010), Whitman College

Gudrun Haider (2010), Miami University

Jerome A. Holland, Jr. (2010), Brandeis University

Camilla Jones (2010), Kansas State University

Ashley Mouberry Sieman (2010), Marymount University

Darcy Smith (2010), Mount Ida College

For additional contact information for the Commission Directorate Body Members, please visit our webpage at www.myacpa.org/comm/housing/.



LIFE-LINE



**“WE ARE THE
HEARTBEAT
OF OUR
STUDENTS’
LIVING
EXPERIENCE”**

**WE’RE ON THE
WEB!**

VISIT US AT:

[www.myacpa.org/
comm/housing](http://www.myacpa.org/comm/housing)

For information about this edition of Life-Line or for information about future submissions, please contact:

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Some of the content of Life-Line was pulled from the ACPA and HRL Commission website at www.myacpa.org.

Commission for Housing and Residence Life Overview

HISTORY

For three decades, the HRL Commission has made numerous and outstanding contributions to ACPA, to the residence life profession, and to millions of students who have lived, studied, and matured in American residential colleges and universities.

For the past several years, the HRL Commission has been especially productive in five important professional areas: information dissemination, membership involvement, recognition of achievement, liaison relationships, and leadership.

PURPOSE

Residence halls are one of the primary settings for student learning at colleges and universities. The Commission for Housing and Residence Life is one of

the largest of ACPA’s commissions and actively involves its members in meeting several major objectives:

1. To provide leadership with ACPA and the profession in general for student learning in college residence halls.
2. To identify issues of special concern and advise colleagues regarding these concerns through the support of research efforts, survey information, reports, position papers, and task force investigations.
3. To communicate innovative ideas, special issues, problem resolution, and research information with a broad base of individuals throughout the country who are involved in residence education.
4. To maintain a working relationship with other professional organizations, student associations, and other commissions, divisions, and agencies within ACPA that maintain similar or overlapping objectives.
5. To cultivate professional development experiences through sponsoring and implementing convention programs and regional workshops.
6. To assist in developing a set of professional standards for staff working in residence halls.
7. To develop a plan and a process for evaluating the work and leadership of the Commission.

Get Involved!

There are three primary ways in which you can get involved!

1. Check the Housing and Residential Life Commission box on your ACPA membership application. By doing this, you’ll become a member and receive Life-Line, the Commission newsletter. This publication will keep you updated on the activities of the Commission. If you didn’t do this on your original membership application, you can log into the ACPA site to update your membership information and join the Commission.
2. Serve as a member of the Directorate Body. Visit the Commission website for more information.
3. Volunteer to assist with the Commission’s many services and resources, including: awards (review submissions), sponsored convention programs (evaluate program proposals), newsletter (submit an article for Life-Line), convention carnival (assist in the planning of the carnival for the annual convention), and business meetings (attend the annual business meeting and have your voice heard).