

# Men: On Campus

# Suggested Reading List

New Psychology of Men. Ronald F. Levant, William S. Pollack (Eds.).

"Inspired by the feminist scholars who revolutionized our understanding of women's gender roles, the contributors to this pioneering book describe how men's proscribed roles are neither biological nor social givens but rather psychological and social constructions. The leading voices in the study of male psychology authoritatively detail how men's roles are created and how men's attempts to live up to these unhealthy, unrealistic models warp men and society. This book questions the traditional norms of the male role (such as the emphasis on violence, homophobia, and the devaluation of women) and shows how come male problems are unfortunate byproducts of the current process by which males are socialized."

#### Masculinities. R.W. Connell.

"One of the most important voices in the new feminist scholarship by men, Connell provides a nuanced and incisive analysis of how our notions of masculinity have evolved in psychoanalysis, social science, and historically in the creation of a global economy. There is not one but many masculinities, he claims, in a bold critique of the "men's movement" and other simplistic approaches to sexual identity. Instead, Connell delineates the complicated dynamics of masculine politics and recent changes in male identity. Connell offers portraits of dozens of men of different classes, some working to change masculinities, some resisting change. Connell's book is the first critical history of ideas and the most sophisticated theoretical analysis of masculinity to date. His attempts to understand changes in male identity and to think about these issues on a global scale are unique."

#### Teaching to Transgress: Education as the Practice of Freedom. Bell Hooks.

Despite the frequent appearance of the dry word "pedagogy," this collection of essays about teaching is anything but dull or detached. Hooks begins her meditations on class, gender and race in the classroom with the confession that she never wanted to teach. By combining personal narrative, essay, critical theory, dialogue and a fantasy interview with herself, Hooks declares that education today is failing students by refusing to acknowledge their particular histories. Criticizing the teaching establishment for employing an over factualized knowledge to deny and suppress diversity, Hooks accuses colleagues of using "the classroom to enact rituals of control that were about domination and the unjust exercise of power."

New Directions for Student Services: Developing Effective Programs and Services for College Men. G.E. Kellom.

"This award-winning volume pulls together scholars from men's and women's colleges as well as coeducational institutions to better understand the specific challenges facing male college students (especially at-risk college men) from the student affairs and men's studies perspectives. Specific recommendations and examples are offered on how to deliver programs and services that improve the learning experiences and race, class, and gender awareness of college men.

Developing *Effective Programs and Services for College Men* received the 2005 Outstanding Research Award from the American College Personnel Association's Standing Committee for Men."

Handbook of studies on men and masculinities. M.S. Kimmel, J. Hearn, and R.W. Connell

"Kimmel's book is an interdisciplinary and international culmination of the growth of men's studies that also offers insight about future directions for the field. The **Handbook** provides a broad view of masculinities primarily across the social sciences, with the inclusion of important debates in some areas of the humanities and natural sciences. This book examines the construction of masculinities in four different frames: the social organization of masculinities in their global and regional iterations; the institutional reproduction and articulation of masculinities; the ways in which masculinities are organized and practiced within a context of gender relations; and the ways in which individual men express and understand their gendered identities. The **Handbook** is organized in a way that moves from the larger, global, and institutional articulations of masculinities, to the more intimate and personal expressions."

#### Power at play: Sports and the problem of masculinity. M.A. Messner.

"This provocative study by a sociology professor at the University of Southern California is based on interviews he conducted in the mid-1980s with 30 male former athletes whose involvement with organized sport occurred in either high school, college or professional leagues. Examining "the relationship between the development of masculine identities and the structure of sport as a social institution," Messner observes that the increased participation of women in sports—which, he notes, prompted his book—and a growing acceptance of gay athletes pose a powerful challenge to traditional notions of games as macho (and sexist and homophobic) activities. Messner also suggests that the feminist revolution of the 1960s and '70s may have stimulated a burgeoning interest in pro football, the most violent of major American sports, on the part of "threatened" males. With graceful prose and a broad scope, the book offers a feast of ideas."

The making of masculinities: the new men's studies. Harry Brod.

"A foundational book, <u>The Making of Masculinites</u> pulls from important fields of study to provide the reader with a comprehensive view of masculinity in the United States."

### Real Boys: Rescuing our Sons from the Myths of Boyhood. William Pollack.

"Harvard Medical School psychiatry professor Pollack dismantles what he terms "the Boy Code:" society's image of boys as tough, cool, rambunctious and obsessed with sports, cars and sex. These stereotypes, he argues, thwart creativity and originality in boys. Pollack advises caregivers how to help boys repair their fragile self-esteem, develop empathy and explore their sensitive sides. In discussing homosexuality, he notes that many of the assumptions of the psychiatric profession have been shown to be incorrect, such as that homosexuality was abnormal, a psychological disorder. Pollack's glorification of sports as an arena for self-transformation and emotional openness is counterbalanced by his recognition that athletics often encourages brutal competitiveness."

#### Fire in the Belly: On Being a Man. Sam Keen.

"Keen's vision of 'The New Male:' a husbandman and steward of the earth--strong, vulnerable, with a capacity for moral outrage, empathy and wonder--whose right livelihood is consonant with ecological awareness. He argues that men must define their identities by severing themselves from women as approval-giving mother figures and as the ancient Goddess who continues to exert power within the male psyche's hidden recesses. Going beyond the modern rites of manhood--alienating work, war, performance-oriented sex--the new male "psychonaut" brings forth meaning by undertaking "a spiritual journey into the self."

#### The Myth of Male Power. Warren Ferrell.

"Men who make their way through the interminable subtitle and embark on this original and significant study will find that they haven't lost the ability to cry after all. While some feminists may assert that it is an attack on women, the book attempts to show areas in which males operate at a disadvantage without claiming that women are responsible for their plight. Farrell stresses economics, pointing out that the 25 worst types of jobs, involving the highest physical, risk, are almost all filled by men. He also considers warfare, in which virtually all of the military casualties are men; the justice system, where sentences for males are customarily heavier; and sexual harassment, which has become a one-way street. He concludes with helpful advice on "resocializing" the male child, adolescent and adult.

#### Men's Lives. Michael Kimmel and Michael Messner.

What themes define masculinity? What are the most current research trends in the "male experience?" This book is comprised of 55 of the most recent articles published on the study of men in society. The articles rely on the most up-to-date research and are feminist and multicultural in their perspectives. Key Topics: Divided into sections, the book covers all stages and types of relationships in the lives of men, such as boyhood, college, marriage, fatherhood, and work, as well as relationships with women and other men.

#### What Makes a Man: 22 Writers Imagine the Future. Rebecca Walker.

"Walker has put together a timely and profound anthology. One wonders what changes could occur in our society if such texts were read and openly and sensitively discussed among boys and girls who are on the verge of entering the limiting spaces we call "manhood" and "womanhood." Walker's introductory essay offers poignant and insightful observations about our reactions as parents, children, and peers to the process of becoming a "man." Other striking pieces include a mother's questions about her three-year-old son's insistence that he's a girl; a man's reflections on his childhood and the experiences, role models, and expectations that shaped him; a privileged young black man's life of trying to fit in while remaining true to his belief in peace over violence; and a transsexual's search for self beyond stereotype."

#### Reaching up for Manhood. Geoffrey Canada.

"The president and CEO of the Rheedlen Centers for Children Families, an award-winning child-advocacy agency, Canada grew up on tough South Bronx streets, where he witnessed friends dying by the handful. Recounting his childhood at midlife, he powerfully depicts what children face in today's world, especially the crippling problems of African American boys. Canada asserts that we are facing a crisis situation; gender stress, misperceptions of the male role, and male myths have led many young men on a path to self-destruction. The author emphasizes the necessity of building strong father-son bonds to help boys reach manhood and to perpetuate good father instincts. His book answers the tough questions: 'How did things get like this?' and 'What can we do?'"

#### Teaching to Transgress: Education as the Practice of Freedom. Bell Hooks.

"Despite the frequent appearance of the dry word "pedagogy," this collection of essays about teaching is anything but dull or detached. Hooks begins her meditations on class, gender and race in the classroom with the confession that she never wanted to teach. By combining personal narrative, essay, critical theory, dialogue and a fantasy interview with herself, Hooks declares that education today is failing students by refusing to acknowledge their particular histories. Criticizing the teaching establishment for employing an over factualized knowledge to deny and suppress diversity, Hooks accuses colleagues of using 'the classroom to enact rituals of control that were about domination and the unjust

#### Where We Stand; Class Matters. Bell Hooks.

"This book illustrates how everyday interactions reproduce class hierarchy while simultaneously denying its existence. Because Hooks sustains an unflinching gaze on both her own personal motivations and on persistent social structures, she provides a valuable framework for discussing such difficult and unexplored areas as greed, the quest to live simply, the ruling-class co-optation of youth through popular culture, and real estate speculation as an instrument of racism."

# Men's Work: How to Stop the Violence That Tears Our Lives Apart. Paul Kivel.

"Paul Kivel shares an extraordinary approach to stopping male violence. The key is understanding and evading the cultural forces that box men in and often reward them for violent behavior. Through exercises, thought-provoking questions, and intense self-examination, Men's Work helps men learn new rules and new roles in personal relationships and in the world at large. Men's Work gives back to men the power and responsibility they need to unlearn the lessons of control and aggression. Going beyond the mythology of the current men's movement, this revolutionary work identifies and develops the social and political framework on which to place men's individual efforts to recover their humanity."

#### Privilege, Power, and Difference. Allan Johnson.

"This brief supplemental book provides students with an easily applied theoretical model for thinking about systems of privilege and difference. Writing in accessible, conversational prose, Johnson joins theory with engaging examples in ways that enable students to see the nature and consequences of privilege and their connection to it."

<u>Changing Men: New Directions in Research on Men and Masculinity (SAGE Focus Editions)</u>. Michael Kimmel.

"This book contributes to the demarcation of a new field called men's studies, as well as to the examination of masculinity within traditional academic disciplines. The contributors deal with such broad topical and methodological issues as reformulating the male role, men in domestic settings, men/women relationships, sexuality, race and gender, and future directions for men's studies. Changing Men is a collection of papers based on life history interviews. Examples include: tracing the tensions in the life-course of American male athletes (Messner); mapping the various strategies by which married American women handle their relations with their husbands (Gerson); and sexual joking in American male-dominated settings like restaurant kitchens, and the dilemmas it poses for women workers (Fine)."

## The Making of masculinities: the new men's studies. Harry Brod.

"A foundational book, <u>The Making of Masculinites</u> pulls from important fields of study to provide the reader with a comprehensive view of masculinity in the United States."

Vainglorious: How Today's Black Men Graduate from College. Dr. John Hamilton.

"The perceptions of twelve African American males on why they were successful from elementary to college degree completion."

The Elevator is Broken. Leadership Journal/Workbook by Dr. John Hamilton and Larry D. Brown.

"This journal/workbook is a tool for students, as well as, parents, teachers, and counselors to use from third grade well into college. The purpose of this workbook is to make students more productive in and outside of the classroom. Moreover, this journal/workbook assists students with not only identifying, but also developing their leadership and decision-making skills."

"Theorizing Masculinities (SAGE Series on Men and Masculinity). Harry Brod and Michael Kaufman."

This first major compilation of new theoretical work on men begins by presenting ideas borrowed from the disciplines that have fostered the study of masculinities: sociology, psychoanalysis, ethnography, and inequality. The chapters explore many issues central to the study of men such as power, ethnicity, feminism, and homophobia. The contributors also provide theoretical explanations of some of the institutions most closely identified with men, such as the military, sports, and the men's movement. The contributors to this volume come from disciplines as diverse as sociology, political science, industrial relations, philosophy, education, anthropology, gender studies, and literature. Together, they make this benchmark volume the guiding set of theories on masculinities.

The Gender Knot: Unraveling our Patriarchal Legacy. Allan Johnson.

"This book can be especially recommended to male students as an exemplary model of plain-spoken and conscientious writing about male supremacy that is neither naive nor navelgazing. It is a book that takes feminist theory and analysis absolutely seriously. The Gender Knot encourages students to engage patriarchy meaningfully."

#### Self-made man. Norah Vincent.

"Former Los Angeles Times op-ed columnist Vincent's transformation into a man forms the basis for this book. Gender marking, she found, is more about attitude than appearance. As "Ned," Vincent joined an all-male bowling league, dated women, worked for a door-to-door sales force, spent three weeks in a monastery, hung out in strip clubs and, most dangerous of all, went on a Robert Bly-style men's retreat. She creates rich portraits of the men she met in these places and the ways they behaved. But the most fascinating part of the story lies within Vincent herself—and the ways that censoring her emotions to pass as a man provoked a psychological breakdown."

The suggested reading list was complied by the Standing Committee for Men through suggestions received off the listserv. Descriptions for the suggested reading list were complied from Amazon.com.