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## 2008 Early Career Achievement Award



### Dr. Jocelyn Buhain

Presented at Washington, D.C., March 2009

The CCAPS Early Career Achievement Award honors and rewards the exemplary achievements of an individual's early significant contributions to the field of college and university counseling and psychological services. The recipient must be a member of CCAPS who has received the highest degree within 10 years prior to nomination.

Dr. Jocelyn Buhain is clearly a "rising star" in the college mental health world. She received her doctorate in counseling psychology in 2006 from The University of Denver and has earned a masters degree in counseling psychology from Loyola College. In her current position at The University of North Carolina at Wilmington, she has exemplified leadership in many ways including: chairing a week-long "Sound Mind, Sound Body" program designed to promote self care to the student population, being instrumental in bringing QPR suicide prevention training to the UNCW campus (where 25 staff members across the division have been trained as trainers and more than 100 people on campus have been trained as QPR gatekeepers), advising an Asian American student organization and teaching a popular course in the psychology department.

Her involvement in various professional organizations, starting with ACPA and CCAPS is impressive. She has been a very active member of ACPA since 2006 in a variety of ways including being an Asian Pacific American Network Member, a member of CCAPS, a continuing education program reviewer, an ACPA presenter and a conference roundtable facilitator for first generation college students and for new professionals. Joceylyn was also the coordinator and conference chair of the 2007 Annual Southeastern Conference for College Counseling Personnel. In addition, she has been active in the Asian American Psychological Association where she currently serves as the co-chair of the Task Force for Early Career Professionals as well as co-chair for the conference programming for that organization's national conference.

It is also important to note that the individuals who nominated Jocelyn spoke not only of her achievements but of her passion around college mental health, especially noting her dedication to valuing diversity, her collegiality and the admirable energy she displays in making a difference in the lives of students on her campus and beyond.

Mental health professionals such as Jocelyn have already become the "leaders of tomorrow" and in recognition of her achievements, it is my honor to award the 2008 CCAPS Early Career Achievement Award to Dr. Jocelyn Buhain.

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