



CCAPS NEWSLETTER May 2005

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Last Modified:

From the Chair

Let me start by saying convention was outstanding! We enjoyed a great feeling of community, exchange of ideas, productivity as a Directorate – and lots of basketball. As result of the work at before and at convention, I have several things to report.

First, the strategic plan taskforce has worked very diligently and finished their report. We thank them for their work and Todd Sevig for his leadership. As a result of the information that was collected we have instituted convention theme tracks to increase the depth of our programs around one topic. In addition, we have begun to work on increasing the scholarly output of the commission through a new scholar-practitioner workgroup. It is my hope that we will see the manifestation of their work soon.

Secondly, congratulations are due to our career achievement awards winners, Drs. Louise Douce (Lifetime Career Achievement) and David Gilles-Thomas (Mid Career Achievement). See more information on them and their contributions to our field in the newsletter.

In addition to all of these things, the Commission Directorate voted to institute two new awards to honor agencies that are displaying the excellence and vital nature of college counseling work. The first will honor the late Dr. Thomas Magoon—the Thomas M. Magoon Innovation Award. This award recognizes innovative programming or service achievements by a university or college counseling agency. This award will be given in the spirit of the long-standing CCAPS/ACPA program “Innovations in College Counseling.” In addition, the new Outstanding Counseling Center Award will be awarded for the first time at next year’s convention. This award will recognize the outstanding and distinguished work by a university or college counseling agency during the past year.

As you can see, we are not sitting still – we are continuing to make improvements to serve your better. During the next year we will also continue our emphasis on enhancing the work of multidisciplinary perspectives and as maintaining our role a source of support for you.

Again, I am honored to serve as the leader for the work of the commission and offer myself to you as a resource for questions, suggestions and other concerns. My e-mail address is pearsonL@umich.edu or call at 734-764-8312.

Thank you and happy summer!

Stacey M. Pearson, Ph.D.
Chair, Commission for Counseling and Psychological Services
University of Michigan Counseling and Psychological Services

Welcome to the latest edition of the CCAPS newsletter. We hope that you have all had a chance to rest up after a successful convention in Nashville and are finishing up your school years with style. This newsletter will both reflect on some of the highlights of the past convention as well as look to the coming year.

Check out the bios of this past year's CCAPS award winners who received their honors in Nashville. Congratulations to Hyung Chol Yoo, winner of the Joan Dallum Research Award, David Gilles-Thomas, winner of the Mid-Level Award and Louise Douce, winner of the Lifetime Achievement Award. Announcements for next academic year's awards are also included, along with two new agency awards, the Thomas M. Magoon Innovations Award and the Award of Excellence. Please note the earlier submission deadline, October 3, 2005.

The feature article of this edition is entitled *Implementing a Practitioner-Scholar Model at a University Counseling Center* by Sharon Mitchell, Ph.D. and Andrea Greenwood, Ph.D., both of SUNY-Buffalo. This article takes a close look at how, at Buffalo, counselors are able to incorporate the scientist aspects of their professional identity in their clinical and research work. It may inspire some of you to complete and present some of your own research at next year's convention in Indianapolis!

Thank you to Stacey Pearson for her *From the Chair* column that includes highlights of the Commission's work at the national convention. We have included a special dedication to the late Dr. Thomas Magoon, which includes a tribute letter written by Dr. Pearson as well as a reprint of Dr. Magoon's biography printed in last spring's newsletter. Let's all take a few moments to once again to reflect on all he brought to college and university counseling centers everywhere.

Finally, we would like to thank the website committee for formatting and uploading this newsletter. We would also like to send a special thanks to Jonathan who has been doing so for the past 6 years. As he hands over the reigns to Rene Monteagudo, Oula Majzoub, and David Gilles-Thomas we wish him all the best as our chair-elect.

Have a wonderful summer and we'll see you in the fall.

Kenya Thompson-Leonardelli, Ph.D.
Toronto, Ontario

Cynthia Cook, Ph.D.
Career and Counseling Services
University of Houston - Clear Lake



Commission for Counseling and Psychological Services

A Division of the American College Personnel Association

January 5, 2005

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University of Michigan

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Georgia Southern University

Graduate Student Representatives

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University of Tennessee

Julie Gersch (2004)
Macalester College

To the members of the Magoon Family and the University of Maryland Community:

On behalf of the Commission for Counseling and Psychological Services (AKA Commission 7) of the American College Personnel Association, I extend our condolences and offer our heartfelt gratitude for the gift that Dr. Magoon was to us.

Many of our members have described Dr. Magoon as a "pioneer in the field;" "someone who stands in a class by himself;" and "a very important and influential person to ACPA and the Commission." While he was all those things to us professionally, those of us who knew him valued him as a generous human being as well.

We have truly lost a friend and a pioneer in university counseling center work. Tom made a significant and enduring impact on the field of college and university counseling and psychological services. Last year, the Commission for Counseling and Psychological Services proudly presented Dr. Magoon its highest award – the inaugural Award for Outstanding Lifetime Achievement. These were just a few of his achievements that we honored:

His influence and tireless work solidified the professional identity of university counseling center work

His program on promising or cutting edge practices called "Innovations" served as the flagship of the program offerings for over 25 years – and is still going on today

His connected to countless number of students and professionals who advised, supervised, and mentored

His significant and exhaustive contributions to the literature through book chapters, journal articles, theoretical pieces, and monographs.

Dr. Magoon demonstrated a passionate dedication and commitment to college counseling and to serving the needs of students. His professional leadership, scholarship, and mentorship in ACPA, CCAPS, and many other professional organizations have been highly valued by generations of those who have been touched by his wisdom and knowledge.

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Implementing a Practitioner-Scholar Model at a University Counseling Center **Sharon Mitchell, Ph.D. and Andrea K. Greenwood, Ph.D.** **SUNY-Buffalo**

The University at Buffalo Counseling Services (UBCS) espouses a practitioner-scholar model whereby clinical practice is informed by scholarly inquiry. Embedded in the practitioner-scholar model is the belief that professional identity is not a static phenomenon that ends once a terminal degree or appropriate licensure or certification is achieved but instead consists of life-long learning that evolves as the field does. The goal is to develop research, critical thinking, conceptualization, problem-solving, and other scientific skills that are particularly pertinent to clinical practice. There are a variety of activities we view as vital in implementing this philosophy, including integration of professional literature, engaging in research in a variety of ways, and using the scientific method in clinical thinking. We share some of our specific activities here to encourage other centers to consider the potential benefits of the practitioner-scholar model to your staff, clients, and campus community.

UBCS displays a strong commitment to research in several ways including the existence of an internal research committee, biweekly or monthly activities that engage the entire staff in reading and evaluating research that is relevant to our student population, and more informal research trivia contests. The research committee is comprised of both senior staff and a psychology intern representative. It is charged with the tasks of evaluating external and internal research requests, initiating internal research projects, offering consultation to other staff members engaged in research, and arranging for continuing education to staff on research methods. One brainchild of the research committee was a monthly "Journal Club" where a selected piece of research that has been identified as a topic of interest is discussed over a lunch hour. Another activity borne out of this committee is a biweekly informal research trivia contest (3-5 multiple choice questions) that has been a fun way to expose staff and all levels of trainees, to interesting pieces of research and to encourage the development of curiosity about the integration of scholarly work with our clinical practice.

The membership of the Committee for Counseling and Psychological Services (CCAPS) engaged in a number of discussions at the most recent ACPA convention in Nashville about how our programming could better meet the needs and interests of our constituents, and overwhelmingly, members indicated that empirically based programs are highly valued as they lend scholarly credibility and foster engagement in critical thinking about our work. UBCS staff members actively conduct research, especially that which applies to our specific campus populations. Utilization and critical evaluation of the data we collect by virtue of our clinical practice allows us to have a richer and more meaningful picture of the needs of our campus. For example, a recent piece of research examined the utilization of counseling services by international students compared with American students. Not only did we clarify our understanding of how these students compare with regard to actual utilization (versus relying on previous research which largely addresses attitudes toward seeking counseling), we gained a clearer understanding of some of the needs of these students. This aids not only in our clinical work, but also provides us with exceptional data to use with other campus stakeholders in order to better advocate for the developmental and psychological needs of our international student population. (See web link to CCAPS programs presented in Nashville, TN for more on this study.) An upcoming research project will involve examining our crisis response and outcomes of hospital referrals to provide information about how we as a staff make decisions and the efficacy of those decisions.

Specifically with regard to training, UBCS provides predoctoral psychology interns as well as other trainees in psychology, counseling and social work graduate programs, with professional literature and resources which are integrated into both supervision and seminars which parallel the trainees' clinical activities. Encouraging critical evaluation of the research and theoretical literature in this way supports

trainees' growing ability to use the scientific method in clinical thinking, including developing awareness of bias, hypothesis testing, and evaluation. Furthermore, predoctoral psychology interns are given professional development time to make progress on their own research, whether that is working toward dissertation completion or other research projects.

In addition to the seminars associated with the training programs at UCBS, there is a monthly professional development seminar that is open to all staff and trainees. All facilitators are asked to provide a list of references including empirical research that is relevant to their presentation. Staff interests and needs influence the topics for the seminars. Staff input was also key in building our staff library. The staff was asked to provide a list of books that they felt were essential to have on hand. Due to this input, the library consists of resources for counseling professionals, self-help books, and scholarly journals related to counseling and college student development. Staff and trainees have access to the library but books cannot be loaned directly to students. Finally, staff is expected and encouraged to participate in professional organizations at the local, regional, and national levels as this keeps them abreast of current trends and innovations. It also allows them to truly experience and model the practitioner-scholar philosophy. To aid in this endeavor, each staff member is allotted professional development money and "earns" additional travel money, if he or she makes a presentation or serves in a leadership role at a conference or professional meeting.

Each campus faces unique challenges in implementing a practitioner-scholar model. School and staff size, monetary resources, and interest are some of the obstacles to address. For example, an internal research committee might not be possible at a small center but a Division of Student Affairs research committee might work. Many of the initiatives described above involve no financial cost and minimal time investment. Others such as travel money may be cost-prohibitive for some centers. Some are wildly popular and fun and others have been less well received. It is our hope that sharing some ideas about implementing a practitioner-scholar model in counseling centers will engage you in thinking more about how you can implement big or small changes in your work that allow for integration of both science and practice.

CCAPS Award for Outstanding Lifetime Achievement
Thomas M. Magoon, Ph.D.
2003 Recipient

Thomas M. Magoon was born in Lancaster, New Hampshire in 1922. Like many New Englanders, he developed a passion for ice hockey, which remains to this day. He enrolled in Dartmouth College in 1940 and graduated in 1947 with degrees in psychology and education following a stint in the army during World War II. He then worked as a psychology instructor at Colgate University before pursuing a graduate degree in counseling psychology at the University of Minnesota. His Minnesota training in “dust bowl empiricism” helped him become one of the foremost researchers in the counseling field.

In 1955, Dr. Magoon joined the staff of the University of Maryland Counseling Center, and in 1960 was named Director, a position he held until 1988. Tom also joined the faculty at Maryland and was involved in both the Counseling and Personnel Services Department and the Department of Psychology. He maintained a half-time appointment in the academic departments and was active in both Counseling Psychology and College Student Personnel. Tom is currently Professor Emeritus in both departments as well as Director Emeritus at the Counseling Center. The Counseling and Personnel Services Department honors Tom annually at this convention by bestowing the Thomas M. Magoon Distinguished Alumnus award to a department graduate who has exemplified Tom’s spirit of achievement and innovation.

Perhaps “innovation” is the word that best describes Tom Magoon. Aside from developing the “Innovations in Counseling” program that has become a standard at ACPA since the early 1960’s, and in some sense literally “writing the book” on the subject with his 1964 manuscript, Tom’s career has been a search for, and the implementation of, novel ideas. Among these innovations is the establishment in 1962 of the National Counseling Center Data Bank, an annual survey of counseling center directors, asking for, among other things, innovative and novel programs and activities. Tom also was responsible in the late 50’s for forming the American Board of Professional Standards in Vocational Counseling, an organization which later became the International Association of Counseling Services (IACS). Other innovations include “alternative treatment modes” (counseling beyond the one-to-one), campus outreach and consultation (or, as he called it, “upstream from the counseling center”), and the development of a uniquely structured counseling center. Tom recognized students’ need for services beyond the psychological and vocational before many of his colleagues. The result was his overseeing the development of a counseling center that now includes a Learning Assistance Service, a Disability Support Service, a Testing and Research Unit, and a Parent Consultation and Child Evaluation Service.

Tom has also provided exemplary service in national organizations and won many awards in the counseling and psychology fields. Among his many honors has been the Outstanding Psychologist Award from the Maryland Psychological Association, the ACPA Professional Service Award, the Leona Tyler Award from Division 17 of the American Psychological Association, and he was an ACPA Diamond Honoree in 1999.

CCAPS Lifetime Achievement Award
Louise Douce, Ph.D.
2004 Recipient

Louise Douce completed her doctoral degree and internship at the University of Minnesota. She has been at the Ohio State University for 27 years, serving first as a psychologist, then as training director, and has been the director since 1987. She has also been an adjunct faculty member since 1981. Dr. Douce has made incredible long lasting contributions to the field in many areas – through her service to professional organizations, through her scholarly work publishing and presenting research, and through her professional mentoring. With outstanding contributions in each of these areas, her influences touch almost all professionals in the field in one way or another.

Dr. Douce has held positions of leadership in APA Division 17 (Society of Counseling Psychology), ACCTA (Association of Counseling Center Training Agencies), AUCCCD (Association of University and College Counseling Center Directors), and ACPA. As part of ACPA she helped create the vision to develop the Standing Committee on LGBT Affairs, which celebrates its 20th anniversary this year. Even outside of ACPA, Louise has proven to be a leader in the area of LGBT issues; both as a noted scholar in the area and as a mentor to many new professionals.

Her record of publications and presentations is voluminous and she continues to be a leader in the field, recently testifying to Congress about college student mental health issues in support of the Garret Lee Smith Memorial Act. Louise has received numerous awards, including:

Public Service Award, presented by Standing Committee for Lesbian, Gay and Bisexual Awareness of American College Personnel Association, 1990.

Founders' Award for dedication, perseverance and commitment to the advancement of women in higher education 1975-1995. Presented by Women's Student Services, Office of Student Life, The Ohio State University

John D. Black Award, 2001, for outstanding achievement in the practice of counseling psychology

Woman of the Year 2001, Division 17 Section for the Advancement of Women

Distinguished Service Award, 2002. The Academy of Counseling Psychology.

Lifetime Achievement Award. Association of University and College Counseling Center Directors, AUCCCD.

Phillip A. Tripp Distinguished Service Award, 2004. Ohio College Personnel Association, OCPA/ACPA

Dr. Douce also stands out even in light of all these accomplishments because of her passion for mentoring. Many speak of her mentoring and training as being paramount to their professional development, describing her approach to training as having a focus and intensity that was profoundly challenging and deeply supportive.

Louise effectively engages in both a personal way and on a global level effecting change and growth. As one of her nominating letters asserts, "I have been inspired by Louise's clinical and supervisory acumen, her ability to quickly and articulately identify problems and creatively solve them and her ability to facilitate positive change and build bridges in our communities. And, I have been deeply touched by her humanity, her accessibility, and her spirit. Louise puts her heart and soul into her life's work and moves others to do the same." This sentiment is shared by many and highlights the very reason why Dr. Douce is definitely worthy of this lifetime achievement award.

CCAPS Mid-Level Career Achievement Award
David Gilles-Thomas, Ph.D.
2004 Recipient

This year's recipient of the mid-level career achievement award is well known to us in CCAPS and in the larger world of counseling centers as someone who is on the cutting edge and very committed to advancing the profession. David Gilles-Thomas received his degree from the University of Illinois and completed his internship at the Counseling Center at the University of Maine before beginning his career at SUNY-Buffalo in 1992.

The nomination letter for David written by his boss and colleague, Dr. Sharon Mitchell, states that "David Gilles-Thomas has devoted himself to college counseling center work for the past fifteen years. During that time, he has been the embodiment of the multidimensional counseling center professional. His genuine caring for others, warmth, valuing of lifelong learning, keen intellect, curiosity, and humor have been the foundation of all the roles he has played; counselor, supervisor, outreach coordinator, practicum coordinator, assistant director, training director, interim director (twice) and his current role of associate director. David is steadfast, loyal, and willing to pitch in where the work is needed. This type of flexibility and forward thinking is not limited to his work at the University of Buffalo but has impacted the college counseling world as a whole."

David has been active in the commission for over 14 years, serving on the CCAPS Directorate from 1998-2002, presenting and reviewing many programs over the years, and serving on the standing committee for men and co-chairing the commissions internet interest group.

Probably the reason that many people recognize the name David Gilles-Thomas long before they meet him personally is due to his groundbreaking work on the Counseling Center Village. David co-founded "The Village" in 1996 with Wendy Settle and continues to manage it today. The Village is an amazing resource for counseling center professionals to share information about psycho-educational/self-help materials, staff development, training programs, workshops, and practice resources. The Village has received 80,000 hits this year and is the number one match to a Google search for "counseling center". It has received numerous awards from ACPA, APA, and beyond, demonstrating it's excellent comprehensive and far-reaching impact. As Wendy states, "The Village has capitalized on the full potential of the web to promote collaboration, sharing expertise, and building upon each other's strengths". This project is a testament to David's hard work and commitment to the profession.

David is described personally as thoughtful, compassionate, creative, warm, caring, sensitive, and fair and respectful in dealing with other people. Such an extraordinary person is well-deserving of this tremendous honor.



Commission for Counseling and Psychological Services

A Division of the American College Personnel Association

AWARDS ANNOUNCEMENTS & CALL FOR NOMINATIONS

Here are the announcements and call for nominees for the three professional awards given by CCAPS every year and two new awards for this year. The awards are for Early Career (less than 10 years after graduation), Mid-level Career (10-20 years), and Lifetime Achievement (more than 20 years). In addition to these awards, we are starting two new awards this year – the Thomas M. Magoon Innovation award and the agency Award of Excellence award.

Please take a look at these announcements and consider nominating your center or one of your esteemed colleagues for an award. The deadline for submission of nominees is **October 3, 2005**. We moved the deadline earlier this year in the hope that it comes at a somewhat more convenient time and we really want to increase the group of nominees that we receive. There are many deserving and talented CCAPS members out there and great counseling centers, so let's recognize and honor them! If you have any questions, you can contact me at cookc@uhcl.edu.

Cindy Cook, Ph.D.
CCAPS Awards Chair

Professional Awards

[Early Career Achievement](#)

[Mid-Level Career Achievement](#)

[Outstanding Lifetime Achievement](#)

New Awards

[Thomas M. Magoon Innovation Award](#)

[Award of Excellence](#)