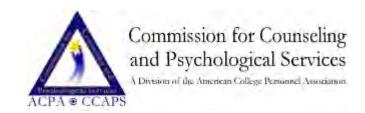
# **2006 ACPA Convention Program Offerings**



## Commission for Counseling and Psychological Services

—CE programs listed are approved for APA CE credit; NASW CE credit is pending—

The CCAPS 2006 program theme-track: For the first time, CCAPS is offering a theme-track across three programs. The theme-track is designed to provide an in-depth experience with a particular issue facing college and university mental health professionals. This year's theme-track is suicide assessment, treatment, and prevention. Programs are offered on this theme-track in three modalities: the longer Sunday afternoon CE program (with a one-hour follow-up on Monday), one regular convention program on Monday, and a follow-up roundtable discussion opportunity on Tuesday. These programs are marked with an asterisk (\*) below.

You can also view the schedule for CCAPS Meetings, Socials, etc by clicking here.

### **Sponsored/Co-Sponsored Programs and Roundtables**



**SUNDAY, MARCH 19, 2006** 

Suicide Assessment, Prevention, and Intervention: Three Cutting Edge Programs [3097] \*

Part I: 3 CE credits

**Presenters:** Paul Joffe, Ph.D., University of Illinois-Urbana-Champaign

Kerry Hope, Ph.D., Texas A &M University Joanna Locke, M.P.H, M.D., The Jed Foundation

Sponsor: Commission for Counseling and Psychological Services

Date/Time: Sunday, 3/19/06, 02:00 - 05:00 PM

**Building/Room**: Westin—Grand II

**Program Abstract:** Over the past several years college student suicide has received a great deal of attention in the media, literature, and on our campuses. In addition, the Surgeon General's national strategy for suicide prevention recommends that mental health workers make efforts to close the gap between training and skills regarding the assessment and treatment of suicidal students. This workshop will examine the latest in programming and treatment, to help prevent, treat, and assess suicidal ideation. Three cutting edges programs will be presented that examine treating at risk students, empowering your campus community to serve as partners to prevent suicide, and developing an institutional protocol for helping the acutely distressed or suicidal college students.

#### MONDAY, MARCH 20, 2006

CCAPS Roundtable: First Generation Students [2346]

No CE credit

Facilitator: Joy Lane, Ph.D., Morgan State University

**Sponsor:** Commission for Counseling and Psychological Services

Date/Time: Monday, 3/20/06 07:30 AM - 08:30 AM

Building/Room: Marriott - Atlanta

Program Abstract: Counseling first-generation students presents unique challenges as these students are often

unaware of how colleges and universities work, and may be facing particular family and personal issues. Please join this discussion of how to best serve these students in the counseling realm.

CCAPS Roundtable: Training [2694]

No CE credit

**Facilitator:** Jodi Caldwell, Ph.D., Georgia Southern University **Sponsor:** Commission for Counseling and Psychological Services

Date/Time: Monday, 3/20/06 07:30 AM - 08:30 AM

Building/Room: Westin - Cabinet

**Program Abstract:** Please join this open and interactive discussion on clinical training in university counseling centers. Participants are invited to share current challenges, questions, and innovations related to practicum and

internship training.

#### **Creating Social Justice for Women with Disabilities [2804]**

1 CE credit

Presenter: Barbara J. Palombi, Ph.D., Grand Valley State University

**Co-Sponsor:** Standing Committee on Disability **Date/Time:** Monday, 3/20/06, 8:45 AM - 10:00 AM **Building/Room:** Convention Center - Room 113

**Program Abstract:** This presentation will explore the unique experiences of women with disabilities and the societal manifestations of social oppression. As part of this program the presenter will discuss how the lack of social justice affects women with disabilities on the college campus. The presenter will also address how attitudes toward women with disabilities help to maintain their experience of social oppression. The presenter will introduce a community model which will outline how these issues may be addressed on the college campus.

#### Innovations in College Counseling 2005-2006 [2252]

1 CE credit

**Presenter:** Jonathan Kandell, Ph.D., University of Maryland **Sponsor:** Commission for Counseling and Psychological Services

**Date/Time:** Monday, 3/20/06, 11:45 AM - 1:00 PM **Building/Room:** Convention Center - Room 116

**Program Abstract:** Since 1964 this program, started by Tom Magoon and coordinated by the University of Maryland Counseling Center, has been a part of all but three ACPA Conventions. The content is selected from novel and innovative practices submitted to the Annual Counseling Center Directors' Data Bank Survey. Approximately 10-12 innovative ideas are presented by center directors during the program, covering a wide range of practices. Targets for these innovative ideas include students, staff, and faculty.

#### The New Millennium: Biracial and Multiracial Students on College Campuses [2637]

1 CE credit

Presenters: Todd D. Sevig, Ph.D., & Felicia A, Brabec, Psy.D., M.S.W., University of Michigan

Sponsor: Commission for Counseling and Psychological Services

**Date/Time:** Monday, 3/20/06, 1:15 PM - 2:30 PM **Building/Room:** Convention Center - Room 108

**Program Abstract:** The number of biracial and multiracial individuals is increasing on our college campuses. We have an opportunity to develop awareness and respond to the unique strengths and needs of the biracial/multiracial population. This presentation will discuss relevant literature and results of a survey addressing the mental health history and current coping and distress of bi-/multiracial individuals. Additionally, strengths and needs of the clinical population, as well as, implications for student affairs, including counseling centers and clinical work, will be discussed.

#### Embracing Multiculturalism in Counseling Services: Conducting a Cultural Audit [2411]

No CE credit

Presenters: Kimberly A. Hays, Ph.D., & Richard T. Scott, M.A., Illinois State University

Co-Sponsor: Standing Committee for Multicultural Affairs

**Date/Time:** Monday, 3/20/06, 2:45 PM - 4:00 PM

Building/Room: Convention Center - Room 114

**Program Abstract:** An organizational assessment of cultural issues was attempted by a team of counseling center staff to identify strengths and growth areas for organizational development. Goals included enhancing awareness of staff, increasing cultural sensitivity of counseling center practices, developing priorities for future programs, and building a greater sense of cohesion and commitment to the process of valuing diversity. This program overviews our project and will facilitate discussion regarding challenges and rewards of organizational development in multicultural issues.

#### Assessing for Self-Harm: A Multidimensional Competency [2270] \*

1 CE credit

**Presenter:** Wayne D. Griffin, Ph.D., D.Min., University of Florida **Sponsor:** Commission for Counseling and Psychological Services

**Date/Time:** Monday, 3/20/06, 4:15 PM - 5:30 PM **Building/Room:** Convention Center - Room 116

**Program Abstract:** This workshop introduces participants to a model for lethality (suicide) assessment based on multidimensional perspectives. It is specifically designed to address the dynamics involved when campus mental health providers engage in lethality assessment in an out-of-office environment during crisis. Content includes a conceptual framework based on the works of James and Gilliland (2000), Hoff (1995) and Lazarus (1997). Additional factors related to the campus community including legal and ethical concerns will be discussed. A case study will be presented.

CCAPS Roundtable: Small College Issues [2668]

No CE credit

**Facilitator:** Mary Beth Javorek, Ph.D., John Carroll University **Sponsor:** Commission for Counseling and Psychological Services

Date/Time: Monday, 3/20/06 05:30 PM - 06:30 PM

Building/Room: Westin - Cabinet

**Program Abstract:** Counseling center professionals at small colleges and universities face unique challenges in providing mental health services to their campus communities. Concerns over dual role relationships, limited resources, and professional isolation are a few of the topics that will be addressed in this discussion. In addition, this roundtable offers opportunities for professionals to share strategies and resources for improving counseling center services and to network with colleagues from similar settings.

Suicide Assessment, Prevention, and Intervention: Three Cutting Edge Programs [3098] \*

Part II: 1 CE credit

Presenters: Paul Joffe, Ph.D., University of Illinois-Urbana-Champaign

Kerry Hope, Ph.D., Texas A &M University
Joanna Locke, M.P.H, M.D., The Jed Foundation

Sponsor: Commission for Counseling and Psychological Services

Date/Time: Monday, 3/20/06, 5:30 PM - 6:30 PM

Building/Room: Marriott - Santa Fe

**Program Abstract:** Over the past several years college student suicide has received a great deal of attention in the media, literature, and on our campuses. In addition, the Surgeon General's national strategy for suicide prevention recommends that mental health workers make efforts to close the gap between training and skills regarding the assessment and treatment of suicidal students. This workshop will examine the latest in programming and treatment, to help prevent, treat, and assess suicidal ideation. Three cutting edges programs will be presented that examine treating at risk students, empowering your campus community to serve as partners to prevent suicide, and developing an institutional protocol for helping the acutely distressed or suicidal college students.

#### TUESDAY, MARCH 21, 2006

CCAPS Roundtable: New Professionals [2700]

No CE credit

Facilitators: Jocelyn Buhain Ph.D., U of North Carolina Wilmington, Joy Lane, Ph.D., Morgan State University, &

Thomas Berry, Ph.D., Utah State University

Sponsor: Commission for Counseling and Psychological Services

Date/Time: Tuesday, 3/21/06 07:30 AM - 08:30 AM

Building/Room: Westin - Cabinet

**Program Abstract:** Making the transition fro graduate student to new professional can be challenging. For counseling center professionals it can feel like a particularly quick change, as one may go from trainee to senior staff member in a matter of months. Please join other graduate students, interns, and new professionals in this sharing of ideas, advice, and support.

CCAPS Roundtable: Self-Care [2679]

No CE credit

Facilitators: Phyllis Weatherly, M.Ed., Southern Polytechnic State University & Chanda Corbett, Ph.D., University of

New Hampshire

**Sponsor:** Commission for Counseling and Psychological Services

Date/Time: Tuesday, 3/21/06 07:30 AM - 08:30 AM

Building/Room: Westin - Chamber

**Program Abstract:** Self-care is imperative for clinicians. However, many clinicians struggle to balance self-care and the care for others. This roundtable will address multiple aspects of self-care and discuss ways in which clinicians can better care for themselves and for others. We will explore and discuss definitions of self-care, and share ways to meet emotional, mental, physical, social, spiritual and vocational needs. The importance of addressing and modeling self-care in training and supervision will also be discussed.

#### <u>Using Web-Based Interventions to Supplement Counseling Center Services</u> [2588]

1 CE credit

Presenters: Wendy Wolfe, Ph.D., & Prentiss Price, Ph.D., Georgia Southern University

**Sponsor:** Commission for Counseling and Psychological Services

**Date/Time:** Tuesday, 3/21/06, 8:45 AM - 10:00 AM **Building/Room:** Convention Center - Room 109

**Program Abstract:** One option for meeting increasing campus needs with limited resources is to use technology to supplement more traditional counseling services. Providing some services via the internet is a means of capitalizing on a communication/information resource most students find to be familiar and readily accessible. This presentation will discuss our center's use of online workshops, relaxation exercises, screening tools, and psychoeducation to supplement our outreach and counseling services. Research data also will be reviewed to highlight the efficacy of the interventions.

CCAPS Roundtable: Mid/Senior Level Professional Development [2712]

No CE credit

**Facilitator:** Jodi Caldwell, Ph.D., Georgia Southern University **Sponsor:** Commission for Counseling and Psychological Services

Date/Time: Tuesday, 3/21/06 05:30 PM - 06:30 PM

Building/Room: Marriott - Texas

**Program Abstract:** This roundtable will address the professional development of counseling and psychological service providers in higher education. Participants will discuss concerns related to current trends in continuing education and professional certification, growth factors and budgetary restraints on service delivery, and sources of stress that influence burnout and secondary stress. Participants will also discuss ideas for understanding development and transitions over the course of their work life and the importance of support, mentoring and peer interaction in sustaining personal and professional vitality.

CCAPS Roundtable: Suicide Assessment, Prevention, and Intervention [2900] \*

No CE credit

Facilitator: Sherry Lynch Conrad, Ph.D., Virginia Tech

Sponsor: Commission for Counseling and Psychological Services

Date/Time: Tuesday, 3/21/06 05:30 PM - 06:30 PM

Building/Room: Westin - Senate III

**Program Abstract:** Students at risk of suicide raise the concerns of counseling center staff, parents, peer students, and university staff and administrators. Please join this discussion to share strategies used at your university to

assess, prevent, and intervene with suicidal students.

#### WEDNESDAY, MARCH 22, 2006

CCAPS Roundtable: Outreach Services [2714]

No CE credit

Facilitators: Stacey Moore, Ph.D., University of Akron & Thomas Berry, Ph.D., Utah State University

**Sponsor:** Commission for Counseling and Psychological Services

Date/Time: Wednesday, 3/22/06 07:30 AM - 08:30 AM

Building/Room: Marriott - Boston

**Program Abstract:** Outreach programming on college campuses in an integral function of counseling centers across the country. These programs serve a variety of functions—increasing awareness of psychological and wellness issues on campus, prevention of future problems in these areas, and marketing and raising awareness of counseling resources on campus. This roundtable discussion will allow participants to discuss current issues in outreach programming as well as an opportunity to share programs and strategies that have been particularly effective on their campuses.